Kenton County Cooperative Extension Service
Main Office & Outdoor Education Center (OEC)
10990 Marshall Road
Covington, KY 41015
Phone: 859 356-3155
Satellite Classrooms - Durr Annex
3099 Dixie Highway
Edgewood, KY 41018

Register in person, by phone
or on-line @www.kentoncountyextension.com.
Registration required for all classes.
Some classes may require a fee.
All checks payable to “Kenton County District Board.”

---

**Kenton County Cooperative Extension Service**

**Cooperative Extension Programs Help Individuals, Groups and Communities Help Themselves**

Your Kenton County Extension Service provides research-based educational programs in the areas of Family and Consumer Sciences, Agriculture, Horticulture, 4-H Youth Development and Community Development.

---

**Class Schedule: August 2016 - February 2017**

**Gardening & More!**

**Summer Wildflower Walk**
**Fri., August 26, 2016, 9-10:30 am, Devou Park**
What’s blooming? Get to know our native flowers, shrubs and trees. Wear sturdy shoes, bring water. Rain or shine.

**Plant a Prairie Meadow Garden**
**Lunch & Learn: Tues., Sept. 20, 12 - 12:50 pm**
**Durr Center, OEC/Barn, Marshall Rd.**
Learn how to turn an unused space into a prairie meadow garden. See the beginnings of the prairie meadow at Kenton’s demonstration gardens.

**Apple College**
**Part 1**
**Mon., Oct. 3, 6-8 pm**
**Durr Center, Marshall Rd.**
Selecting apple varieties, preparing the orchard site, where to buy, how to train. Part one of three.

---

**Pressing Flowers**
**Lunch & Learn:**
**Fri., Oct. 7, 12 - 12:50 pm**
**Durr Center, OEC/Barn, Marshall Rd.**
See how to press wild and garden flowers, use them in crafts and art, get press-making instructions.

**Apple Time!**
**Apple College Part 2**
**Mon., Oct. 10, 6-8 pm, Durr Center, Marshall Rd.**
Learn about varieties of apples, including those that are grown successfully in our area. We will discuss tips for successful growing, how to preserve, and a few tasty recipes to try. Part two of three.

**Apple College**
**Part 3**
**Mon., Oct. 24, 6-8 pm, Durr Center, Marshall Rd.**
Managing apple pests and diseases. Part three of three.

**Wage War on Honeysuckle**
**Thurs., Nov. 3, 1-3 pm, Durr Annex, Edgewood**
Class will start at the Annex and finish up at the Annex building site. Learn how to identify and get rid of honeysuckle and a few other invasive plants. Wear sturdy shoes if you want to see a live demonstration after the classroom presentation. Rain or shine.

(Continued on page 2)

---

Most classes are held at either the Durr Extension Center, 10990 Marshall Road, Covington, or our Annex office at 3099 Dixie Highway. Call 356-3155 for information or to pre-register.
**Medicare**
*Tues., Sept. 27, 6-7:30 pm, Durr Annex, Edgewood*
Are you reaching 65 on your next birthday? Have questions about your Medicare benefit? This class will assist in understanding this benefit.

**Trusts**
*Thursday, October 20, 6-7:30 pm, Durr Annex, Edgewood*
This class will look at arrangements that allow a third party, or trustee, to hold assets on behalf of a beneficiary or beneficiaries.

**Organize, Communicate, and Prepare for Your Financial Future**
*Tuesday, November 1, 6-7:30 pm*
*Durr Annex, Edgewood*
Do you know where all the important financial papers are located? Do family members know where to locate them? This class will focus on locating, organizing, and communicating about important files.

**Feed People, Not Landfills**
*Thursday, November 13, 10 am, Durr Center, Marshall Rd.*
In the United States food waste is the single largest component of municipal landfills. The waste quickly generates methane, helping to make landfills the third largest source of methane in the United States. Additionally, money spent on wasted food could be put to better use by individuals and families. This session will provide information on food waste, tips for its reduction, options for disposal besides landfills, and a challenge for households and individuals.
Relatives Raising Children Support Group Meeting
Fridays, September 2, October 7, November 4, December 2, January 6, 12 Noon-1 pm, Durr Annex, Edgewood

If you are one of the thousands in the state raising a relative’s child/children you are not alone! Emotional support as well as information on available resources and parenting tips is available at the monthly support group luncheons. This program is a collaborative effort with the Family Resource Centers in Kenton County. Free child care is available upon request. No fee.

Parenting Relationship Smarts in Your Teen
Tues., Oct. 4, 6 pm—Part 1
Tues., Oct. 11, 6 pm—Part 2
Durr Center, Marshall Rd.

This two-part class will teach strategies for building a healthy relationship with your tween or teen and highlight ways to instill relationship smarts in your child.

Food, Fun and Nutrition

Go Mediterranean!
Wed., September 28, 10 am, Durr Center, Marshall Rd.
Is there more to the Mediterranean diet than olive oil and fish? Are there documented health benefits? We’ll explore eight simple steps for good health, and key components of the Mediterranean lifestyle in this session.

What’s Your Pulse?
Tuesday, October 25, 6 pm, Durr Annex, Edgewood
Pulses are a type of legume characterized by seeds that grow in pods. They include lentils, chickpeas and dry peas. 2016 has been designated as the “International Year of Pulses.” Learn about these nutritious, economical, and easy to prepare foods.

Pie Crust Basics
Tuesday, December 6, 10 am, Durr Center, Marshall Rd.
Participants will be instructed on the basics of making a pie crust as they create their own fruit pie to take home and bake or air.

Holiday Panorama
Wednesday, November 16, 4-6:30 pm, Durr Center, Marshall Rd.
Before you know it, it will be time to “Deck those Halls” again! During this open house, stop by and you will see a variety of decorating and easy gift-giving ideas, plus try some delicious food ideas. Your fee will include generous “tastes” plus a book of instructions and recipes for items shown and tasted. Class size limited. Class fee: $8.00. (Checks payable to Kenton Co. District Board.)

Don’t miss the 2016 Kenton County Farm Harvest Tour!
Saturday, September 17 9 am-5 pm
Rain or Shine!

Recognized by Kentucky Monthly as one of the “Top 200 Reasons to Love Kentucky.”

Basic Computer Skills
Tuesday, October 11, Thursday, October 13, & Wednesday, October 19, 2-3:30 pm OR 6-7:30 pm
Durr Annex, Dixie Hvy.
Do you have a computer, and you are not sure how to use it? This class is for beginners with no computer experience. Class will focus on using the computer to do basic operations using “Open Office” to practice word processing such as letters, cards, signs, calendars, etc. It is for Windows-based computers; NO MACS. There are two sessions—one in the day from 2-3:30 pm and night from 6-7:30 pm. PLEASE CHOOSE ONE TIME. Class meets three times. Class is limited to first 6 callers for each class (minimum 4 participants for class to be held).

Retooling Your Resume
Tuesday, October 18, 6-7:30 pm
Durr Annex, Edgewood
Are you looking for a job or wanting to move up where you are? Do you need to update your resume, place it on the Internet, and adapt it for a specific job for which you are applying? All this as well as other topics will be covered during this class.

Internet Safety
Thursday, October 27, 6 – 7:30 pm,
Durr Annex, Edgewood
Do you feel safe online? Do you worry about your information while online, using Facebook? This class will focus on safety tips while online using a variety of methods (Facebook, Smartphones, surfing the web). This is not a hands-on class.

Improving Interview Skills
Tuesday, October 25, 6-7:30 pm, Durr Annex, Edgewood
This class will cover some interview do’s and don’ts and tips to successful interviews.
4-H Clover Bud Meetings
Third Wednesday of each month, 7 pm, Durr Annex, Edgewood
Do you have a child who wants to join 4-H but is not 4-H age? This club is for you. Children in school K-3 are invited to become a Clover Bud. We will do fun activities such as crafts, cooking and science each month.

Horse Programs
All interested youth desiring to participate in horse programs must enroll in 4-H and complete six hours of instructional training in order to be eligible for participation. Certified horse hours are offered September thru March. Youth interested must complete the educational programs during this time period and earn six hours to be eligible to participate in livestock programs.

Livestock Programs
All interested youth desiring to participate in livestock programs must enroll in 4-H and complete six hours of instructional training in order to be eligible for participation. Certified livestock hours are offered October through January. At least three hours must be complete by December. Youth interested must complete the educational programs during this time period and earn six hours to be eligible to participate in livestock programs.

Volunteer Orientation
Tues., Sept. 13, 6-8 pm, Durr Center, Marshall Rd.
New Cooperative Extension and 4-H volunteers are encouraged to attend Volunteer Orientation. Learn about what Kenton County Cooperative Extension Service does in our community as well as how to handle diverse situations. This program is being held for adult volunteers--not appropriate for age 14 and under. Reservations required by September 9.

4-H Dog Club
Dates, times and location TBA
Help your dog learn basic behaviors, impulse control, sit, stay, down, loose-leash walking and more.

County Fair
4-H Animal Projects
Tues., Sept. 27, 6:30 pm
Durr Center, Marshall Rd.
Are you curious what it would take to show a pet or livestock project at the county fair? This information-filled class is designed to help you decide. In addition to learning about the different projects from leaders and 4-H members, you will learn about community 4-H clubs that are specific to pets or farm animals.

4-H Shooting Sports Club
New season meetings held 1st Tuesday of month starting in October, 6 pm, Durr Annex, Dixie Highway
Taking new members! 4-H shooting sports is an introduction to the safe, responsible use of firearms and archery equipment — a valuable life skill. Youth are trained by a certified leader on how to handle and shoot firearms safely. While competition is not the main focus, the program offers opportunities to participate in shooting events. This program is for youth 9 to 18 years old.

Please contact the Extension office by October 1 to become involved in livestock projects. New members will learn about the process. If you are new to 4-H, please call us for additional information.

Reality Store
Offered October through April
4-H Reality Store allows youth to receive a career based on their educational goals. Participants then visit “stores” to provide for their needs and the needs of their family. The store process helps young people determine whether their career aspirations provide the income for their desired lifestyle as an adult. This program is offered to schools for 8th-12th grade students October through April. Please call for additional information, two months prior to scheduling.

Volunteer Orientation
Tues., Sept. 13, 6-8 pm, Durr Center, Marshall Rd.
New Cooperative Extension and 4-H volunteers are encouraged to attend Volunteer Orientation. Learn about what Kenton County Cooperative Extension Service does in our community as well as how to handle diverse situations. This program is being held for adult volunteers--not appropriate for age 14 and under. Reservations required by September 9.