

**Kenton County
Cooperative Extension Service
Main Office & Outdoor Education Center (OEC)**
10990 Marshall Road
Covington, KY 41015
Phone: 859 356-3155



Register in person, by phone
or on-line @www.kentoncountyextension.com.
Registration required for all classes.

Some classes may require a fee.
All checks payable to "Kenton County District Board."

Kenton County Cooperative Extension Service

*Cooperative Extension Programs Help Individuals,
Groups and Communities Help Themselves*

*Your Kenton County Extension Service provides research-based educational programs in the areas of
Family and Consumer Sciences, Agriculture, Horticulture, 4-H Youth Development and Community Development.*

Class Schedule: January - August 2018

Gardening & More!

Private Pesticide Applicator

Wednesday, January 17, 2-5 pm, Durr Center, Marshall Rd
This training is for anyone who wishes to apply restricted-use pesticides on his/her own or a neighboring farm or garden. Training is offered only once a year in NKY, so register now. License must be renewed every three years.

Orchids for Beginners

*Wednesday, January 24, 1-3 pm
Durr Center, Marshall Rd*
Don't be intimidated by orchids. Learn how to take care of orchids and bring one home! \$7 per person fee must be paid in advance.

Soil Testing Lunch & Learn

*Wednesday, February 21, noon-12:45 pm
Covington Public Library, 502 Scott St.*
Learn what soil testing is, and how it can help your garden, lawn, and landscape. Bring your own lunch.

Plan Your Vegetable Garden

*Wednesday, February 28, 6-8 pm
Covington Public Library, 502 Scott St.*
New to vegetable gardening? Learn how to plan for this coming season—what do you plant, how much space do you need, and when do you do it? This class will teach the plan-ahead part of the garden. For beginners. Free.



Apple-Tree Grafting

Wednesday, March 14, 6-8 pm, Durr Center, Marshall Rd
Graft your own apple trees and take them home. No experience necessary. Bring a 5-gallon bucket and your sharpest pocket knife. \$10 per person, paid in advance.

Pruning Blackberries & Raspberries

Friday, March 16, 6-8:00 pm, Durr Center, Marshall Rd
What's the best way to prune your blackberries or raspberries? This will be hands-on. Come dressed for weather (and the mud)!

Home-based Microprocessor Training

*Wednesday, March 21, 9:00 am—3:00 pm;
Durr Center, Marshall Rd*
Part one of the Food Safety Branch's certification for Kentucky growers who wish to process certain fruits and vegetables in home kitchens for sale at Farmer's Markets, etc. \$50 registration includes lunch. Register: <https://fcs-hes.ca.uky.edu/content/homebased-microprocessor-workshop>.

Grow Flowers, Fruits & Vegetables for the Fair!

Wednesday, April 11, 6-8 pm, Durr Center, Marshall Rd
Try something new—enter your own home-grown items in the Kenton County Fair. What can you enter, how are things judged, etc. State Fair entries will also be discussed.

Earth Day Seed Give Away at Kenton County Libraries

Friday and Saturday, April 20 & 21
Kenton County Public Libraries. Free. Check your library branch for the exact date and time.

*Not all classes are held at the Durr Extension Center, 10990 Marshall Road, Covington—
Call 356-3155 for information or to pre-register.*

Food, Fun and Nutrition

Hands-on Mediterranean Cooking—2 Part Program

Wednesdays, February 28 & March 7; 6 - 8:30 pm, Durr Center, Marshall Rd.

During this 2-part series, we will discuss the latest research on the benefits of the Mediterranean diet, plus prepare some of these Mediterranean inspired recipes. This is a hands-on class. Class size is limited. For adults only.

Barf Buckets and Food Safety

Tuesday, March 6, 6:00 pm, Boone County Extension Enrichment Center, 1955 Burlington Pike

The stomach bug Norovirus is a highly contagious virus, leading to diarrhea, vomiting and stomach pain. It is important to clean up bodily fluids safely to avoid spreading illnesses, especially in public settings. Learn how to protect your facility and make a “barf bucket” to allow cleaning safely and efficiently. Sponsored by Kenton and Boone County Extension offices. This class is for adults only. Call 586-6101 to register.

As Seen on TV! - in the Kitchen

Friday, March 16, 10:00 am, Durr Center, Marshall Road

Have you seen all those advertisements for new kitchen appliances to make your meal preparation easier? During this session, we will review some of these, including air fryer, electric pressure cooker, copper cookware, and 4 in 1 ninja cooker to demonstrate their qualities and potential issues.

Plate It Up—Kentucky Proud

Wednesday, April 25, 10:00 am, Durr Center, Marshall Road

Join us for some new spring side dish ideas featuring several “Plate It Up” recipes made with seasonal Kentucky commodities. This class is for adults.

Hands-on Canning for Preserving Food

Tuesday, July 24, 9:00 am—3:00 pm, Durr Center, Marshall Road

During this “hands-on” workshop, learn to pressure and water bath can. We will also discuss freezing and drying fruits and vegetables. This class is for adults. \$10 fee for all class supplies. Class size limited.

Hands-on Freezing and Drying the Harvest

Thursday, August 16, 9:00 am—12:00 (noon); Boone County Extension Enrichment Center, 1955 Burlington Pike

OR class repeated: Tuesday, August 21, 9:00 a.m.—12:00 (noon); Durr Center, Marshall Road.

Call 586-6101 to register for Boone County class or 356-3155 to register for the Kenton County Class.

Learn to properly dehydrate and freeze fresh fruits and vegetables and learn about shelf life and storage. Registration required. No fee, but class supply list provided before the program.



Grandparents/Relatives Raising Children Support

Fridays, Jan. 6, Feb. 3, Mar. 3, Apr. 7, May 5

Noon—1 pm, Erlanger Branch, Kenton County Library

If you are one of the thousands in the state raising a relative’s child/children, you are not alone! Emotional support as well as information on available resources and parenting tips is available at the monthly support group luncheons. This program is a collaborative effort with the Family Resource Centers in Kenton County. Free child care is available upon request. No fee.

Yours, Mine, and Ours—Blending Families 3-part Program

Tuesdays, March 20, March 27, April 3

6:00-7:30 pm

*Boone County Extension Enrichment Center
1955 Burlington Pike*

Sponsored by Kenton and Boone County offices

Explore important topics in this 3-part program. If you have children of any age, if this is or isn’t your first marriage, this series will help you with your blended family.

March 20: Legal Matters: Wills, beneficiary ies, non-titled and titled property.

March 27: Financial Matters: Accounts, pending plans, mingling funds.

April 3: Communication Matters: Traditions, parenting at any age or stage, house rules, relative relations.

Call 586-6101 to register. This class is for adults only.



Home, Health and Finance

Second Wind Dreams

Wednesday, January 31, 1:00-2:30 pm

Boone County Extension Enrichment Center
1955 Burlington Pike

Sponsored by Kenton and Boone County offices.
Call 356-3155 to register.

Home Accessibility: Bedrooms, Bathrooms and Beyond

Thursday, February 1, 10 am, Durr Center, Marshall Rd

This program presents many universal design ideas for your home, along with assistive technology devices to help with basic self-care, in order to help maintain safety and independence in your own home—regardless of your age or ability.

Nourishing...Your Eyes and Skin 2-part program

Thursday, February 8—Eyes

Thursday, February 15—Skin

Both sessions at 1:30 pm, Durr Center, Marshall Road

Discover risk factors for vision loss and skin damage and the connections between healthy eating and healthy eyes and skin in this two-part program. **Eyes:** Learn the risk factors of vision loss and what foods you can eat to minimize your risk. **Skin:** Learn what can cause skin damage and how to maintain your skin health through nutrition, hygiene and protective measures.

Relationship Smarts: Bridging the Communication Gap with Your Teen or Tween

Wednesday, February 28, 6:00-7:30 pm

Durr Center, Marshall Road

Emergency Preparedness in Record Keeping

Wednesday, Mar. 28; 6 -7:30 pm Durr Center, Marshall Rd

Do you know where all of your records are? Could you replace important papers if an emergency occurred such as a tornado, fire or flood? This class will help in locating and replacing important papers as well as introducing new ways to store your important information so you'll be backed up no matter what happens.

Using Smartphones Safely

Thursday, April 5, 1-2 pm, Durr Center, Marshall Rd.

Do you worry about your information while using your smartphone? Downloading those apps, what does that mean? This class will focus on safety tips while using a smartphone. (Android)

Social Security Questions?

Tuesday, April 10, 1-2:30 pm OR 6:00-7:30 pm

Boone County Extension Enrichment Center
1955 Burlington Pike

Turning 65—have questions on Social Security? Class will cover the basics of Social Security. Sponsored by Kenton

and Boone County Extension offices. Pick one of the two sessions. Teacher: Social Security Administration

Selecting Small Appliances

Thursday, April 12, 1:00—2:00 pm, Durr Center, Marshall Road

Class will cover basic information on choosing small appliances.

Personal Safety Awareness

Thursday, April 19, 6:00-7:30 pm

Durr Center, Marshall Road

Estate Planning Tips

Thursday, April 19, 6:00-7:30 pm

New Location: Drees Building/Ft. Mitchell Professional Building, 211 Grandview Drive, 1st Floor Training Room

Class will cover wills, trusts, and medical directives, and other management tools in estate planning.

What Do You Know About Annuities?

Tuesday, April 24, 6:00-7:30 pm

New Location: Drees Building/Ft. Mitchell Professional Building, 211 Grandview Drive, 1st Floor Training Room

What do you know about annuities? Maybe not as much as you think! Come learn the basics of annuities and why today's versions of annuities are more versatile than ever and an important estate planning tool.

Cleaning, Sanitizing and Disinfecting Your Kitchen & Home

Tuesday, May 15, 10:00 am, Boone County Extension, 1955 Burlington Pike

When is clean good enough? Learn the difference between clean, sanitize and disinfect and the importance of each in preventing foodborne illnesses and other diseases. Presented by Kenton and Boone County Extension offices. This class is for adults only. Call 586-6101 to register.

Launching into Adulthood: Looking for Your First Job

Tuesday, May 15, 6:00-7:30 pm Durr Center, Marshall Rd

Sew Fine!



It's So Fine Sewing Expo

3 - Day Series of Workshops

April 9-11

General Butler State Park, Carrollton, KY

Do you enjoy sewing for yourself or for your home? Quilting? This 3-day series of workshops has something for everyone. Contact the Kenton County Extension office for a registration packet.

Agriculture Classes

Friday Farming Happy Hours!
4 Friday Sessions
Covering Timely Topics for Small Farmers
6:30—7:30 p.m., Durr Center, Marshall Road
Serving Root Beer Floats!

January 5 - "Hay, Tell Me More!"
Discussion on hay and pasture renovation
February 2 - "Livestock"
Discussion on livestock enterprises for small acreage
March 2 - "Environmental"
Discussion around pond basics and water quality
March 23 - "Down & Dirty"
Discussion on soil types, fertilization and soil sampling



Exciting Opportunities with 4-H!

Registration required for all classes. Some classes require a fee.
Register on-line at kentoncountyextension.com, in person, or Call 356-3155.

4-H Clover Bud Meetings

*Third Wednesday of each month, 7 pm
Elsmere Senior Center, Elsmere*

Do you have a child who wants to join 4-H but is not 4-H age? This club is for you. Children in school K-3 are invited to become a Clover Bud. We will do fun activities such as crafts, cooking and science each month.

4-H Shooting Sports Club

*Orientation/New Season starting
Tuesday, January 16, 2018; 6 pm
Durr Center, Marshall Road*

Taking new members! 4-H shooting sports is an introduction to the safe, responsible use of firearms and archery equipment — a valuable life skill. Youth are trained by a certified leader on how to handle and shoot firearms safely. While competition is not the main focus, the program offers opportunities to participate in shooting events. This program is for youth 9 to 18 years old.

4-H Dog Club

*Thursdays, Jan. 18, Jan. 25, Feb. 1,
Feb. 8, Feb. 15, Feb. 22, March 1
6 pm, Elsmere Senior Center, Elsmere*

Help your dog learn basic behaviors, impulse control, sit, stay, down, loose-leash walking and more. This program is for youth 9 to 18 years old.



4-H Bring a Buddy to Sew*

*Tuesdays, Jan. 30; Feb. 6, 13, 20 & 27,
March 6 & 13 (Snow make-up day)
4-6 pm, Durr Center, Marshall Rd.*

For youth 4-H age 9-18 and an adult buddy.
\$15 fee.

4-H Livestock Forms*

*Thursday, Feb. 8 & Mon., March 5
6:30-7:30 pm, Durr Center, Marshall Rd.*

Come learn about 4-H Livestock Forms. We will complete paperwork necessary to exhibit your project animals. County, District and State forms will be reviewed. This program is for youth exhibiting animals. Beef exhibitors will benefit most from the February 8 session. Lamb, Hog, Swine and Goat exhibitors will benefit most from the March 5 session.

4-H Communication Event

Date, time and location TBA

This Kenton County speech and demonstration contest is for youth ages 9 to 18 who would like to participate. Information will be on the Kenton County web site at www.kentoncountyextension.org in February.

CES Volunteer Orientation

Monday, January 29, 6-8:30 pm, Durr Center, Marshall Rd

New Cooperative Extension and 4-H volunteers are encouraged to attend Volunteer Orientation. Learn about what Kenton County Cooperative Extension Service does in our community as well as how to handle diverse situations. This program is being held for adult volunteers — not appropriate for age 14 and under. Reservations required by January 25.

*4-H programs are for youth aged 9-18, unless otherwise specified.

Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.