

**Kenton County
Cooperative Extension Service
Main Office**
10990 Marshall Road
Covington, KY 41015
(859) 356-3155
Kenton Lands Location
450 Kenton Lands Road
Erlanger, KY 41018
(859) 356-3155
Register by phone or online at
www.kentoncountyextension.org



Kenton County Cooperative Extension Service

*Cooperative Extension Programs Help Individuals,
Groups and Communities Help Themselves*

*Your Kenton County Extension Service provides research-based educational programs in the areas of
Family and Consumer Sciences, Agriculture, Horticulture, 4-H Youth Development and Community Development.*

Class Schedule: August 2019 - January 2020

Ag & Natural Resources

2019 Kenton County Farm Harvest Tour
Saturday, September 21st 10 am-5 pm
Sunday, September 22nd 11 am-5 pm

Country Ham Curing Workshop
Date & Time TBA (late December/early January 2020)
Marshall Rd. location
Open to adults interested in learning about a Kentucky tradition, dry cured country hams. The country ham workshop participants will learn about the traditions around country hams and will rub one ham during this workshop. Because this is a multi-step process after the workshop, participants will receive instructions on hanging and how to finish the curing process. The cure will be pre-made and will consist of salt, sugar and spices. Cost of the class is \$40 and includes the ham, cure

mix and supplies. This class is limited to 20 people. Only one ham per household please. Contact our office if interested.

KY Beef and Burgers
Tuesday, September 24, 2019
6 pm, Kenton Lands Rd. location
Join us as we learn about one of the country's premier beef producing states and sample delicious recipes using ground beef.

The Blue Bird Project
Wednesday, September 25, 2019
10 am - Noon, Kenton Lands Rd. location
We are going to learn about bluebirds and how to attract them to our yards. Additionally, we will be building 2 blue bird houses per person. One for you to take home and one to mount at the Kenton Lands Extension office. (15 person limit)

Urban Naturalist
Tuesdays, October 1 through November 26, 2019
10 am - 2 pm, Kenton Lands Rd. location
The Kenton County Urban Naturalist Program is the first of its kind in Kentucky. Our mission is to develop a corps of trained, informed volunteers who provide education, outreach and service for the conservation of natural resources and natural areas in Kenton county. Topics of instruction include ecology, geology, resource management, native plants, water quality, citizen

Ag & Natural Resources

Continued

science, and regional fauna such as insects, reptiles, mammals, birds and other animals. Call 859-356-3155 for details; applications due by Friday, September 6. Fee.

Work Day in the Woods

Wednesday, October 16, 2019

9 am - 1:30 pm, Kenton Lands Rd. location

We wish to use the Kenton Lands location as an outdoor urban classroom. Volunteering as a means to help conserve and protect the environment means you can be part of this mission. Wear sturdy shoes, and long pants we are going to do some trail blazing in the woods surrounding our Kenton Lands Extension Office. Our focus for the day is honeysuckle control and clean up along the seasonal stream of our property. Lunch will be provided!

Wildflower Work Day

Wednesday, November 20, 2019

9 am - 1:30 pm, Kenton Lands Rd. location

Learn about establishing a wildflower meadow and the native wildflowers of Kentucky. In our effort to expand the outdoor classroom at the Kenton Lands Road location, join us as we learn about late fall planting of wildflowers. Wear sturdy shoes. Lunch will be provided! (15 person limit)

Family & Consumer Sciences



Kenton County Homemaker Kick-Off

Thursday, August 15, 2019

Noon - 2 pm, Kenton Lands Rd. location

Join Kenton County Homemakers as they “Kick-Off” their new program year and learn about “Presidential Visits to Kentucky 1819-2017” from local author Wayne Onkst. Homemakers are always learning, and sharing their talents with our organization and the community. Light dinner included, \$5 per person – registration required, checks payable to Kenton County Homemakers.

Guiding Your Kids to be “Relationship Smart”

Tuesday, September 3, 2019

6 pm, Kenton Lands Rd. location

Tips to help children navigate relationships through their teen years will be shared. Safe dating and a variety of

boundary setting strategies that will help teens avoid high risk behaviors will be discussed.

Baking Basics: Celebrate Whole Grains Month

Thursday, September 5, 2019

6 pm, Kenton Lands Rd. location

Celebrate “Whole Grains Month” during this program. We will be discussing the definition of whole grains, their nutritional benefits, plus their characteristics in recipes for the home baker.

Beginning Sewing for Adults

Mondays, September 9, 16, 23, 30, October 7, 14, 2019

5:30 pm - 8:30 pm, Kenton Lands Rd. location

During this beginning sewing class, we will make a pair of pajamas. Learn all the basics with the Kenton Co. Extension Service assisted by Master Clothing Volunteers. Class size limited. \$5 fee for pattern. Checks payable to Kenton County Extension District Board.

Girls Day Out

Saturday, September 14, 2019

9 am - 5 pm, Marshall Rd. location

Join Kenton County Homemakers for a fun and productive day. Bring some projects you wish to work on, or learn a few new ones with us! Cost is \$15 – includes breakfast and lunch. Proceeds to Kenton County Homemaker Marie Rich Scholarship Fund. Make checks payable to Kenton County Homemakers.

Relatives Raising Children Support Group Luncheon

Fridays, Sept. 20, Oct. 18, Nov. 15, & Dec. 20

12 pm - 1:30 pm, Kenton Lands Rd. location

This monthly support group luncheon provides information, educational resources and support to relative careivers. Lunch is provided. Adults only please, as child care is not provided.

KY Beef and Burgers

Tuesday, September 24, 2019

6 pm, Kenton Lands Rd. location

Join us as we learn about one of the country’s premier beef producing states and sample delicious recipes using ground beef.

Purchasing and Preparing Fish

Thursday, September 26, 2019

6 pm, Kenton Lands Rd. location

Join Chef John from a local fish business as he shares tips and tricks for purchasing and preparing fresh fish and seafood.

Family & Consumer Sciences

Continued

Essential Financial Planning

Tuesday, October 8, 2019

6 pm - 7:30 pm, Kenton Lands Rd. location

Have questions on the financial aspects of your estate plan? Wonder if you've saved enough for retirement? Are you prepared for your potential long term care needs? What happens to your standard of living if you become disabled? Come to this class to learn the answers to these questions and become familiar with other basic financial planning tips!

Basic Computer Class

Thursdays, October 10, 17, 24, 2019

10 am - 11:30 am, Kenton Lands Rd. location

Do you have a computer, and you are not sure how to use it? This class is for beginners with NO or limited computer experience. Class will focus on using the computer to do basic operations using "Open Office" to practice word processing such as letters, cards, signs, calendars etc. It is for Windows- based computers; NO MACS. There are three sessions, class is limited to 6.

Dinner Tonight: Electric Pressure or Multi-Cookers: Choosing and Using

Friday, October 11, 2019

10 am, Kenton Lands Rd. location

Learn how these popular machines operate and the best types of recipes for their use. Bring your electric pressure cooker along if you need assistance.

Annuities

Tuesday, October 15, 2019

6 pm - 7:30 pm, Kenton Lands Rd. location

What are annuities? Are they all the same? Is an annuity right for you in retirement? There are many financial products that may or may not be right for your personal plan, because no one situation is the same. This class will introduce you to annuities and similar financial planning products, their versatility to your retirement plan and overall use as an estate planning tool. Get informed so that you can make educated decisions about whether annuities are right for you!

Measuring Matters

*Monday, October 21, 2019, 1:00 pm - 3:00 pm
(Kenton County Extension, 450 Kenton Lands Rd.,
call 859-356-3155 to register)*

*Repeated – Monday, October 21, 2019, 6:30 pm -
8:30 pm (Boone County Extension Enrichment
Center, 1824 Patrick Dr., Burlington, Upper Level,
call 859-586-6101 to register)*

Liquid vs. dry measures, volume vs. weight—discover reasons why your recipes might not be turning out like you thought they would and pick up tips about baking food safety, too.

Medicare

Tuesday, October 22, 2019

6 pm - 7:30 pm, Kenton Lands Rd. location

Got questions on Medicare. This class will help to understand the benefits.

Aging Safely on the Farm

Thursday, October 24, 2019

6:30 pm, Marshall Rd. location

Join the Family & Consumer Sciences and Agriculture Agents as they address strategies for aging in place on the farm safely. Ideas for home and farm building/equipment modifications that will assist individuals as they age will be shared.

Light meal will be served.

Batteries & Bulbs

Tuesday, October 29, 2019

6 pm, Kenton Lands Rd. location

Learn how to get the most out of your Batteries and Bulbs. Different Battery and Bulb types, proper applications in the home, and safety concerns regarding storage, charging, use, and proper disposal will be shared. What does LED, halogen, incandescent, and fluorescent mean in terms of light bulbs? How do you recycle these, come to this class to learn this and more!

Holiday Panorama

Wednesday, November 6, 2019

4 pm - 6 pm, Marshall Rd. location

Before you know it, it will be time to "Deck those Halls" again! During this open house, stop by and you will see a variety of decorating and easy gift giving ideas, plus try some delicious food ideas. Your fee will include generous "tastes" plus a book of instructions and recipes for items shown and tasted. *Class fee - \$8.00 – checks payable to Kenton Co. District Board.*

Interested in Meal Kits?

Thursday, November 7, 2019

6 pm - 7:30 pm, Kenton Lands Rd. location

Heard about meal kits, are they worth it? Class will examine the pros and cons of using meal kits in meal preparation. **(Not a cooking class)**

Recordkeeping for Emergencies

Thursday November 14, 2019

6 pm - 7:30 pm, Kenton Lands Rd. location

Do you know where all of your records are? Could you replace important papers if an emergency occurred such as a tornado, fire, or flood? This class will help in locating and replacing important papers.

Plate It Up

Friday, November 15, 2019

10 am, Marshall Rd. location

Join us for some new fall side dish ideas featuring several "Plate it up" recipes made with seasonal Kentucky commodities.

Horticulture



Fall Lawn Care

Tuesday, August 27, 2019

6 pm - 8 pm, Kenton Lands Rd. location

Fall is the best time to improve and maintain your lawn. Whether you do it yourself or not, it pays to understand what works, and why. Free, but registration required.

Garden Tours @ The Kenton County Farm Harvest Tour

Saturday, September 21, 2019

9 am - 4 pm, Marshall Rd. location

Take a guided tour of our monarch way station, herb garden, prairie meadow, and the vegetable gardens. For all ages. Free. No registration required.

Invasive Plants

Wednesday, September 25, 2019

6 pm - 8 pm, Kenton Lands Rd. location

Learn what's on the list of bad guys, what they look like, how to get rid of them, and what plants you can replace them with. Free, but registration required.

Urban Naturalist

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Fall Cornhusk Wreath

Thursday, October 24, 2019

6 pm - 8 pm, Marshall Rd. location

Cornhusk crafts are fun and easy; decorate your front door for fall. Fee payable by October 17.

Holiday Evergreen Wreath

Tuesday, December 10, 2019

6 pm - 8 pm, Kenton Lands Rd. location

Make and take a fresh wreath for your holiday decorations. Come try out our new wreath-making machine; learn how to make beautiful big floral bows. Fee payable by December 1.

Sustainability in the Garden

Wednesday, January 15, 2020

1 pm - 3 pm, Kenton Lands Rd. location

Apply principles of sustainability to your yard, garden or woods. Discover which fertilizers and garden materials are most sustainable. Learn about scientifically-proven garden products you can make yourself at home. Make and take home newspaper seedling pots for this spring's garden. Free, but registration is required.

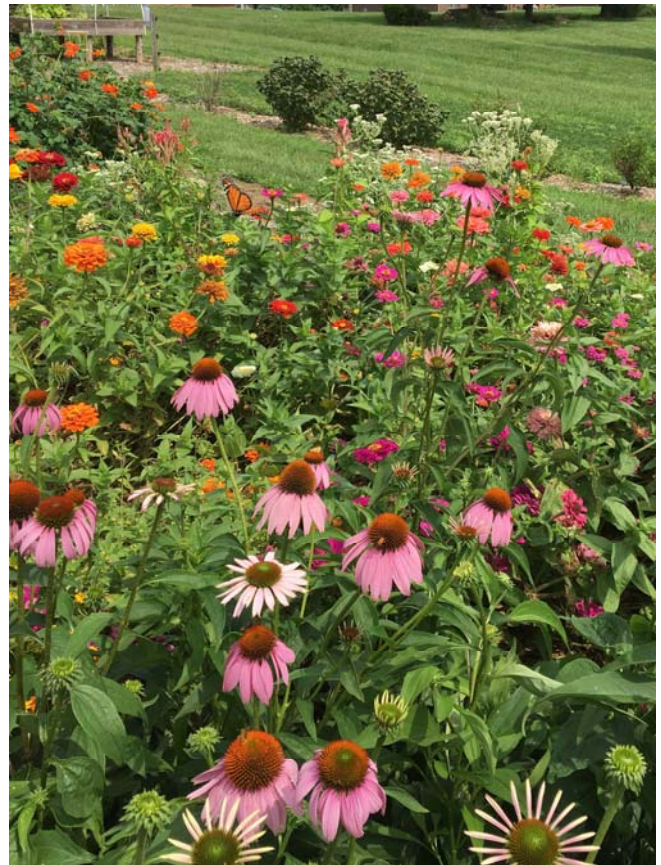


2019 Kenton County Farm Harvest Tour

Saturday, September 21st 10 am-5 pm

Sunday, September 22nd 11 am-5 pm

Visit our Monarch Way Station



Cooperative Extension Service
Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

4-H Youth Development



Kenton County 4-H Farm to Table Dinner Fundraiser
Saturday, September 14, 2019
Honey Locust Farm • \$35/person or \$60 per couple
Check-in begins at 6:00 pm and dinner served at 7:00 pm.
Pay online at www.kentoncountyextension.org

4-H “It’s Your Reality”

Offered October through April to schools 8th through 12th grades.

Please call for additional information, two months prior to scheduling.

4-H “It’s Your Reality” allows youth to receive a career based on their educational goals. Participants then visit “stores” to provide for their needs and the needs of their family. The store process helps young people determine whether their career aspirations provide the income for their desired lifestyle as an adult.

4-H Livestock Educational Programs

**All Livestock Educational Programs will be held at our Marshall Road location.*

If you would like to participate in showing livestock, beef, sheep, swine, dairy, goats or country ham next summer, the educational meetings will have to be completed before your animal is tagged and weighed in. The livestock education meeting dates include: Saturday, Oct. 26, 8:30 am - 11:30 am; Thursday, Nov. 14, 6 pm - 8 pm; Tuesday, Nov. 26, 6 pm - 9 pm; Monday, Dec. 9, 6 pm - 8 pm; Saturday, Jan. 11, 2020, 8:30 am - 11:30 am; Wednesday, Jan. 15, 6 pm - 8 pm; Saturday, Jan. 18, 2020 - Snow Date if needed (time to be announced.)

County Fair Animal Projects

Tuesday, September 24, 6:30 pm, Marshall Road location.

Are you curious what it would take to show a pet or livestock project at the county fair? This information-filled class is designed to help you decide. In addition to learning about the different projects from leaders and 4-H members, you will learn about community 4-H clubs that are specific to pets or farm animals.

4-H Horse Programs

All interested youth desiring to participate in horse programs must enroll in 4-H and complete six hours of instructional training in order to be eligible for horse

participation. Certified horse hours are offered September thru March. Youth must complete the educational programs during this time period. Please contact the Extension office by October 1 to become involved in horse projects. If you are new to 4-H, please call us for additional information.

4-H Sewing Bring a Buddy

This is the first 4-H sewing unit for clothing construction. Completion of this class is required for youth to participate in more advanced sewing projects and special sewing days. Any youth (4-H age 9-18) and an adult buddy will learn how to operate a sewing machine, choose fabric, cut out a pattern, sew seams and make a casing. The youth will complete one or more of the following projects during the class: shorts, skirt, or pants. Sewing machines are provided. Participants will purchase one pattern, fabric and matching thread during the class. Class fee is \$15.00 per youth. The classes are once a week for 6 weeks beginning Jan. 28, 2020. Please call the office to indicate interest in this class.

4-H Clover Bud Meetings

Third Thursday of each month at 7 pm, starting in September at our new Kenton Lands Rd. location. Do you have a child who wants to join 4-H but is not 4-H age? This club is for you. Children in school grades K-3 are invited to become a Clover Bud. We will do fun activities such as crafts, cooking and science each month.

4-H Shooting Sports Club

Orientation/New Season starts Tuesday, January 21, 2020 at 6 pm., Kenton Lands location.

Taking new members! 4-H shooting sports is an introduction to the safe, responsible use of firearms and archery equipment – a valuable life skill. Youth are trained by a certified leader on how to handle and shoot firearms safely. While competition is not the main focus, the program offers opportunities to participate in shooting events. This program is for youth 9 to 18 years old. Call office after Jan. 1, 2020 for location details.

4-H Dog Club

Starting in 2020, dates, times & locations TBA.

Learn all about dogs, participate in 4-H Dog Bowl/Skillathon & 4-H Dog show, while helping your dog learn basic behaviors, impulse control, sit, stay, loose, leash walking and more.

4-H Rough Riders Club

Third Thursday of each month at 7 pm, starting in September at our new Kenton Lands Rd. location.

***4-H programs are for youth aged 9-18, unless otherwise specified.**