# HOMEMAKERS

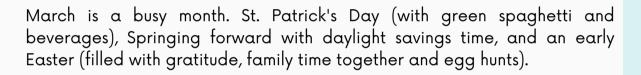
### NEWSLETTER

FAMILY & CONSUMER SCIENCES
MARCH 2024



### A note from Jackie

Happy March!!



Homemakers has many classes, and our first Quarter Auction event coming up this month. Details of these events are included within this newsletter.

We are always looking for new items to offer, so if there is something you would like to learn, I would love to hear about your ideas.

I want to take a minute to thank the Independence Club, especially our International Chairperson, Sue Rauf, for hosting our International Day on February 19th. The speaker, Laura Allen, gave a very informative presentation on the life and culture of Israel. She also brought a dish to share. I personally learned a lot that I was unaware of about the region.

As always, I want to thank each of you for your role with Homemakers. Like a puzzle, we are all important pieces of the picture.

Have a wonderful month of March.

Hugs,

Jackie



## Important Reminders

Register
online for
Classes &
Events by the
deadline.

Reserve your hotel room for State Meeting.

Bring donation items for first responder boxes.

Get your tickets for Day at the Races.



### HOMEMAKER CLUB NEWS



### Independence



Spring is getting closer. Daylight Saving Time returns on March 10 this year! It is also an early Easter, hopefully it will not be snowing by then. Our club had the honor of hosting members from other Kenton County Clubs on our regular meeting day. We had a special guest tell us about her career and life in Israel while pursuing her formal education about Ageism .Laura Allen practically grew up in the Marshall Rd. Extension Office. Her presentation was very informative and entertaining. Our group really enjoyed the program. The group also provided some feedback that she requested about our community resources. We may be contacting her for other programs she can provide for us. I am sure we will enjoy them just as much.

Laura brought along some hummus which is a typical food enjoyed in Israel. Many of us had never

tried it and were surprised that we did like it. Trish provided some homemade sourdough breads and butter to accompany Laura's treat. Everything tasted delicious. We thank them very much for these treats! Some future programs in mind: self-care information, and a presentation about

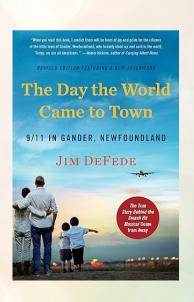
genealogy. As always, anyone that has a suggestion for a lesson or an after-meeting idea, please contact Trish or me and let us know what you would like to see, hear, or do. Additionally, we hope you are looking into the classes that the extension office has been posting.

The by-laws committee has been reviewing the by-laws and they should be ready for a vote in June. The Independence Club March meeting will be Monday, March 18, at 11:00 a.m. We will be meeting in the Byerly room (the small room beside the Wicklund room) this time. Our group is not as large as it once was, so we will meet in this room to determine if it is better suited to the size of the group.

We look forward to seeing you March 18!

### **BOOK CLUB**

Our club is continuing to enjoy meeting and eating (lol), as well as, discussing the book of the month. Our March read is; The Day the World Came to Town by Jim DeFede. Our meeting will be Thursday, March 28, 6:00PM at LaRosa (Harris Pike). We always have room for one more. We would love to have you join us. We are continuing to collect items for Be Concerned. Our item for this month is, shaving cream and razors. Note other items are always appreciated.



### VIRTUAL CLUB

Our group had our quarterly in-person meeting on January 31st. It was great to visit with each other and discuss upcoming Homemaker classes, crafts and more. We are continuing to collect items for Be Concerned. Our item for this month is, shaving cream and razors. Note other items are always appreciated.

### **Kenton Lands Club**

Our Kenton Lands Club next meetings will be march 19 and April 16. Please mark your calendars and bring a friend. Our group has donated over 100 canned goods to local food banks! Thank you Donna for our latest donation. Information was shared on foods causing joint inflammation. Our next meeting we be creating Kindness Hearts. February was send a card to a friend month! You still have time to do it! Luck to the Irish and all this month! Sent from my iPhone

### **Groovy Land Club**

The Groovy Land Club is new and thriving. Last month we planned out our year as a new club. We are supporting Healthy Hearts by taking part in the American Heart Asst. Heart Walk in March. We made jewelry to enter into cultural arts and our club is planning our HATS for the Day at the races. We can not wait to see you there.

### Femme Nouveau

The Femme Nouveau Homemakers ('New Women' in French) have adopted this theme for the year "Building Relationships in the Community" as we grow and reach out to our community to promote the Kenton County Homemakers. Among our activities since last reporting we had a workshop utilizing old crystal and glass ware to make unique yard ornaments to enjoy in our yards and garden when Springs gets here.

Our club held its annual in person meeting in February at LaRosa where we made over 70 valentine packets for residents and staff at the Regency Manor Home as a community giving effort. Special Thanks to Nancy Zink for her contributions to their St. Nicolas celebration. Many of us do not celebrate this day anymore, but for these residents at the Regency Manor it renew some childhood memories.

Congratulations to Grandma Mains on birth of beautiful baby girl, Arden Rose Mains and to member Lerin Middendorf on birth of baby, Elliott.
A special thank you to our membership for their contribution of time, donations and help in preparing and delivering boxes to our local Kenton County police and fire departments for

our County Homemaker Project. "Thank You Kenton County Service Providers".

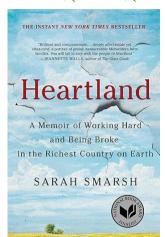








### Big Blue Book Club



THE FIRST BIG BLUE BOOK CLUB SERIES FOR 2024 WILL BE APRIL 11,18, AND 25. EACH THURSDAY MORNING SESSION WILL BE PRESENTED VIA ZOOM AT 11 A.M. EDT. WE WILL RECORD THE SESSIONS, SO IF YOU AREN'T AVAILABLE DURING THE DAY, YOU ARE WELCOME TO PARTICIPATE VIA THE RECORDING.

THE FIRST BOOK WILL BE "HEARTLAND" THE RICHEST COUNTRY ON EARTH BY SARAH SMARSH. THIS BOOK IS AN EYE-OPENING MEMOIR ABOUT WORKING-CLASS POVERTY IN AMERICA SIGN UP AT: HTTPS://UKFCS.NET/BBBC24BOOK1.













# Items Needed for first responder boxes. Please drop off donations to office by March 22

- Individually wrapped snacks
- Water
- Powdered drink mix packets
- Candy
- Cross word puzzles
- Sharpie S-gel markers
- Gel pens/ultra fine point pens
- Mojo balanced energy pouches
- Condiments
- Granola Bars
  Nut packs



Our next card class will
be held on
March 6, 2024 - 10:00AM Marshall Road location.
Cost: S5.00 (to cover supplies).
Please contact the Marshall
Road location to register.
We will be making two (2)
handmade greeting cards.



Homemaker State Meeting

May 7-9-2024

Registration coming soon!

The lodging room blocks are now open for reservations!

### Holiday Inn University Plaza

1021 Wilkinson Trace, Bowling Green, Kentucky 42103

Phone: 270-745-0088 (group code KEH for conference rate)

Standard room \$126 + tax (1-2 people)

"Triple" room rate is \$181 + tax (3 people per room)

"Quad" room rate is \$236 + tax (4 people per room)

NOTE: If attendees are planning to make a reservation for multiple people in a single room, each with different payment methods, and require separate receipts with individual information, please opt for a shared reservation

Kindly provide all names and payment details during the booking process or upon check-in.

This will help to ensure a smooth and personalized experience for all attendees.

Make your reservations by April 6, 2024, to secure the conference rate.

Individual reservations can be cancelled up to 48 hours prior to arrival date. No-shows and late cancellations will be charged one night's room and tax.

Check in is at 3 p.m. Central Time and check out is at 11 a.m. Central Time.

We hope you will join us in Bowling Green!



# PLANNING YOUR LEGACY: A FAMILY ESTATE GUIDE

A thought out estate plan allows you to meet your financial goals while building a legacy knowing that you are doing the best for you and your family.

The first session of this class will help you as you prepare to meet with your attorney before you put your estate plan in writing.

The second session will be conducted by an attorney who will address the legal perspective of a well thought out estate plan.



Session 1 Thursday, March 7, 2024
Session 2 Thursday, March 21, 2024
Each session begins at 6:30 PM
Location: Kenton County Extension Service
10990 Marshall Rd
Covington, KY 41015

You can enroll by calling 859-356-3155 OR

online at www.kentoncountyextension.org

#### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

#### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT







# COOKING THROUGH THE DECADES

Join us as we explore the evolution of cooking and celebrate the dishes that shaped generations.

# THURSDAYS MARCH 14TH, APRIL 18TH, MAY 16TH

12:30PM - 2:30PM KENTON LANDS RD. ERLANGER, KY 41018 REGISTER ONLINE OR CALL 859-356-3155











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# Outdoor Cast Iron Cooking A new look at an old cooking practice

Do you and your family like the great outdoors? Are you a camper or hiker that likes to cook? Do you have a backyard fire pit and thought about cooking outside?

In this class we will learn the skill and art of cooking in traditional cast iron cookware. We will sample assorted recipes that are prepared and demonstrated during the class. At the end of the class you will have a great starter set of recipes the whole family will enjoy. You will learn how to season and care for your cast iron

5:00PM Tuesday, March 26, 2024

Kenton County Extension Service Durr Education Center 450 Kenton Lands Road Erlanger, KY 41018



enroll @ www.kentoncountyextension.org OR call 859-356-3155

**Cooperative Extension Service**  MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT









## KENTON CO. HOMEMAKERS

# DAY AT THE RACES

**FUNDRAISER FOR:** 

THE MARIE RICH SCHOLARSHIP FUND



Sat. April 27, 2024

12-3 p.m.

Tickets: \$25.00

TICKETS CAN BE PURCHASED FEBUARY 14TH TO APRIL 19TH AT MARSHALL RD OR KENTON LANDS OFFICE OR CALL 859-356-3155

THE DAY WILL INCLUDE

- Betting on your favorite horse
- Hat Contest
- Raffle Items
- Delicious Derby food
- Loads of fun

Event will be held at: Kenton County Extension Office 10990 Marshall rd. Covington KY 41015

No tickets will be sold after April 19th

Gaming License # No.: EXE0002247



University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

Kenton County Cooperative Extension Service 10990 Marshall Road Covington, KY 41015-9326

RETURN SERVICE REQUESTED



Kenton County Extension Agent for Family & Consumer Sciences ddonahue@uky.edu



Kenton County Extension Agent for Family & Consumer Sciences jbowling@uky.edu

@UKKENTONEXT KENTONCOUNTYEXTENSION.ORG



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