

KENTON COUNTY 4-H NEWS

June 2024

Kenton County Extension
10990 Marshall Road
Covington, KY 41015
859.356-3155

ATTENTION:

Guidelines for 4-H Fair Project Entries at Kenton County Fair

Directions to Enter 4-H Projects for the Kenton County Fair

- **All 4-H youth (age 9-18) who want to enter projects must turn in Record Book by 4:30 p.m. on July 8 to the Marshall Road or Kenton Lands Office and register the record book online at: kentoncounty.fairentry.com**
- **All 4-H Fair Building projects must be entered online in the Fair Entry system at: kentoncounty.fairentry.com by 4:30 p.m. on July 8.** After you have registered your projects, email mary.cannon@uky.edu and she will print your fair tags.
- Social Security numbers will be required. Only the fair administrator can see this number and it will only be used for State Fair participants.
- Our office will be happy to help you learn the online system by appointment only.
- **Youth must enter all projects online by 4:30 p.m. on July 8.**
- Sunday, July 14th is a drop off day only. You will bring your projects to be judged. You must register your projects ahead of time and have the proper tags on them when you arrive on July 14th.
- **You WILL NOT be able to enter your projects into the Fair Entry system on drop off day, July 14th, if you don't enter them by 4:30 p.m. on July 8.**

You can log on to kentoncounty.fairentry.com from your computer or any mobile device to submit your entries for the fair. Online entries will be required for all exhibitors.

The deadline for entries & record books will be 4:30 p.m. on July 8.

IMPORTANT UPCOMING DATES & DEADLINES:

4-H Record Books and Fair Entries online are due before 4:30 p.m. on July 8, 2024.

Kentucky State Fair: Aug. 15-25, 2024

4-H RECORD BOOKS DUE!

Record Books and scoring guidelines are available in the Kenton County Extension Office lobby. Junior books are printed on yellow paper, senior books are printed on light green paper.

Record Book Requirements

In order to enter projects at the Kenton County Fair, you must meet the following record book requirements:

- Please note that there are only two: Building and Companion Animal record book and/or Market Animal record book. Be sure to get the Junior book if you are 9-13; the Senior book is for ages 14-18.
- All record books must be logged in by a secretary, agent or record book committee volunteer **before 4:30 p.m. on Monday, July 8, 2024 and entered into the online fair system at kentoncounty.fairentry.com.** As always, record books will be accepted during office hours in the weeks prior to the deadline.
- Your record book must score 7 or more points.
- You must include a project achievement story. Reminder: the stories must be the 4-H member's original work.
- Record books are on the website at: www.kentoncountyextension.com
- Be sure to include your record book(s) when you enter other projects in the Fair Entry system.

Please address any questions or concerns to Diane Kelley, Lori Clark, or Anna Meyers: (859) 356-3155.

Kenton County 4-H Building Entry Information

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| 1. Sunday, July 14th is drop off at the Fairgrounds only. | Arts
Communication &
Leadership
Consumer & Financial |
| 2. All project descriptions/rules can be found at: https://kenton.ca.uky.edu/fair . | Education
Crops
Electric
Entomology
Food
Food Preservation |
| 3. If you would like a printed copy of a category, please contact the office: 859.356.3155. | Forestry
Geology
Home Environment
Horticulture
Needlework
Photography
Sewing
Tobacco
Trends
Wood Science |
- The following is a list of categories and for the 4-H Fair Building.

Cloverbud Entries for the Fair

Entry tags are not needed for Cloverbud projects. An entry sheet will be provided at the fairgrounds for you to fill out. You can call the office to ask for one prior to the fair.

1. Tomato – any variety, plate of 3 large or 6 cherry
2. Cucumber – plate of 3
3. Beans – plate of 12
4. Corn – any variety, plate of 3
5. Vegetable Plant – grown in container
6. Flowers – 1 bloom, any variety, in small bottle with water
7. Sunflower – 1 head, does not need to be mature
8. Houseplant or Hanging Basket
9. Forestry – 5 leaves; pressed, mounted, and labeled with common name, where found, and date found
10. Jewelry - necklace or bracelet
11. Geology – 10 rocks or fossils; mounted and labeled with name of rock
12. Wood Science – any wood item sanded
13. Photography – 2 photos, any subject, mounted on 8 x 10 mounting or poster board
14. Foods – plate of 5 cookies, any type
15. Knitting/Crocheting/Needlepoint/Cross-stitch/Crewel – 1 item
16. T-shirts – decorated
17. Weaving – 1 item
18. Leather Craft – 1 item
19. Folk Art – 1 painted item
20. Nature Craft – 1 item
21. Ceramics – 1 piece, stained or glazed
22. Drawing – pen, pencil, crayon, markers, chalk, charcoal
23. Painting – watercolor, oil, acrylic
24. Home Environment – any 1 item made for the home
25. Model – 1 item, age appropriate
26. Popsicle Stick Craft – 1 item
27. Holiday Craft – 1 decoration, any materials
28. Recycled Craft – 1 item
29. Electric—1 item
30. Paper Craft
31. Miscellaneous – 1 item that does not fit into any other class (no vegetables, no flowers, no animals)

LIVESTOCK AND COUNTRY HAM

DATES TO REMEMBER:

June 15th, 9:00- Lamb Workshop
June 15th- Buyer's ticket request due
July 8th, 4:30- Record book deadline
July 11th, 5:00- Country Ham Cleaning
July 14-20: Kenton Co. Fair

Local Open County Fair Shows:

June 1-8: Carroll Co. Fair
June 16-22- Pendleton Co. Fair
July 1-6: Owen Co. Fair
See KDA Shows and Fairs for full list

LAMB WORKSHOP

June 15th, 9:00- 12:00
Marshall Rd. Office



Join us to learn how to get your lambs ready to show! Topics include shearing, fitting legs, after-show care, and more.

Register online through PACE or by calling the office at 859-356-3155.

NEW YOUTH COST-SHARE PROGRAM!

The Kentucky Agricultural Development Board approved \$1,000 in Ag Development Funds for Kenton County Youth Agricultural Incentives Program (YAIP) for 2024. This program administered by the Kenton County Farm Bureau is to encourage youth to engage in and explore agricultural opportunities. This is a cost-share program, and youth must be enrolled in elementary, middle, high school, or home school and be at least 9 years of age on January 1, 2024.

You may pick up the YAIP Student Application beginning on May 15, 2024 at the Kenton County Extension Office, 10990 Marshall Road, Covington, KY 41015 between the hours of 8am and 4:30pm. The application must be submitted to the Kenton County Extension Office by August 30, 2024 prior to 4:30pm. Once approved, the original, completed, and signed Student Report & Certification with proper receipts must be returned to the Kenton County Extension Office by the deadline of October 28, 2024 prior to 4:30pm.

For more information contact Donna Hance at Kenton County Farm Bureau at 859.356.2161 or Becky Darnell at 859.835.1819.



For more information and to ask questions, contact Anna Meyers:

anna.meyers@uky.edu
(859) 365- 3155

Reminder:

This is the season for inviting possible buyers to the sale! Ticket requests are due June 15th.



Our county fair projects are aligned with the State Fair projects. Please consult the State Fair web site at <http://www.kystatefair.org> for the 2024 4-H Youth Development projects and specific requirements. You may also consult the Kenton County 4-H website at www.kentoncountyextension.com for eligible 4-H projects and a brief description of project requirements. In addition, Kenton County has categories which are "county only" that cannot be exhibited at the State Fair

Kenton County Fair 2024

County Only Categories For Ages 9-18:

The following categories will be judged at the Kenton County Fair



4-H MISCELLANEOUS

CATEGORY DESCRIPTIONS (county only)

Requires Record Book.

There is a limit of one entry per class. (Each number is a class.)

Entries must meet the following guidelines. These categories are subject to change each year.

4M01 Basket Weaving-Item must be hand made woven basket.

4M02 Models-Models can be snapped together or glued together. They may be made of wood or plastic.

4M03 Leather Craft-Handmade item made of leather.

4M04 Recycled Craft-Any item made of recycled materials.

4M05 Precast/Fired Ceramic-Ceramic piece

4M06 Jewelry-Any handcrafted earrings, necklace, bracelet or set. No Pony Beads

4M07 Metal Craft-Any item made of metal.

4M08 Decoupage-Any item with decoupage

4M09 Duct Tape-Any item made primarily with duct tape, like a personalized item.

4M10 Model Rockets

4M11 Holiday Craft-Any item with a holiday theme.

4M12 Scrapbook or Journal-A scrapbook should be on acid-free, lignin-free paper with photo safe adhesives. White glue and scotch tape are not acceptable.

4M13 Yard Ornament—Made with repurposed item(s)

4M14 Folk Art—Tin punch, candle

4M15 Nature Craft-Any item made of natural materials, except wreaths

4M16 Bead Craft-Any item constructed of beads.

4M17 Paper Craft-This can include making paper, marbling paper, or origami.

4M18 Ribbon Craft-Any item made predominantly with ribbon.

4M19 Hand-crafted Soap-Three bars or three pieces of decorative soap that have been hand poured or molded. Soap must be wrapped in see-through material.

4M20 Decorated Tee Shirt

4M21 Simple cloth item—With no machine stitching-Example: Knotted fleece blanket

4M22 Mosaic-Repurpose old item with tile and/or glass to create new item

4M23 Single Photograph

4M24 Single Photograph-Subject person

4M25 Shadow Box

4M26 Livestock Poster

4-H PIGGY BANK (county only)

Requires 4-H Record Book.

There is a limit of one entry per class.

Jr. 4-H Piggy Bank

Sr. 4-H Piggy Bank

4-H Sewing (Kenton County Only)

****The following classes have been added to this division in 2012, but are Kenton County only classes. 4-H Home Economics record book required.**

4Se14 Machine Stitched and Stuffed Item-Any 3-D item which contains fiber-fil.

4Se15 Machine Stitched Bag without Fasteners-A tote bag lacking buttons, zippers, Velcro or drawstring.

4Se16 Machine stitched bag with at least one fastener, such as drawstring, button, zipper or Velcro.

4Se17 Machine Stitched Holiday Item-Any item created on a sewing machine with a holiday theme.

4Se18 Machine Quilted Item-Any item pieced or quilted by machine.

4Se19 Hand-stitched Item-Any item constructed with hand stitching.

4Se20 Machine Applique-Any item with an applique stitched by machine.

4Se21 Pillowcase, Machine sewn



Trends & Traditions

1. A county is limited to one entry per class. A member may enter up to 3 classes within the 4-H Trends Division. (This means: a member's name could appear in the same level up to 3 times on the county's Clover Division invoice sheet.)
2. All items must have been made since the last State Fair.
3. Each exhibit must be properly labeled. Place ID tag (4LO-11SO) in the most visible place on the exhibit, preferably on the lower right-hand corner. Labels may be securely taped, attached with a rubber band through a hole in the corner or safety pinned (fabric items). To insure that all parts of the exhibit make it back to the county, "hide" a small label (with a minimum of the county name) on EVERY parts that might become separated from others; these should not be visible to the public when displayed.
4. All photography classes with one photograph must be mounted on 10"x 16" MAT BOARD- available via order entry (no poster board or foam core board accepted). Single photographs are limited to up to a maximum size of 8"x 12".
5. Each picture must be mounted securely. Rubber cement or dry mounting tissue is recommended. Do not use photo mounting corners.
6. All entries must follow the specifications and rules listed in their class in order to be named champion.
7. Junior division includes ages 9-13; Senior division includes ages 14-18.

UPCYCLING PROJECT

Upcycling is taking something that you are throwing away and making into something that maintains or improves the quality of the materials. Example: There are coin purses made from sweaters, earrings cut out of vinyl records and an old travel case made into a clock. The designs will be judged on quality, use and creativity. Entries are limited to one entry per class per county.

1050 Junior Upcycling Project

1051 Senior Upcycling Project

4-H CAKE & CUPCAKE DECORATING

1. Entry consists of a decorated (Styrofoam) cake.
2. Styrofoam MUST be the base for the decorating. Real cakes will NOT be accepted.
3. Judging is based on decoration only not taste.
4. Exhibit is not limited to a color or design.
5. Refrigeration will NOT be provided.
6. Exhibit must be limited in size to not taller than 24" and no more than 1/2 sheet board.
7. Cakes may be returned based on the condition at the end of the fair
8. 4-H identification cards must be attached to bottom right hand corner of sheet board.

1060 Junior 4-H Cake Decorating (Cake must include the 4-H Clover either in design or decoration)

1061 Senior 4-H Cake Decorating (Cake must include the 4-H Clover either in design or decoration)

1062 Junior General Cake Decorating

1063 Senior General Cake Decorating

1070 Junior 4-H Cup Cake Decorating

1071 Senior 4-H Cup Cake Decorating

1072 Junior General Cup Cake Decorating

1073 Senior General Cup Cake Decorating

Revised 11/23

KENTUCKY STATE FAIR—August 15-25, 2024

Youth wishing to participate in one of the State Fair contests or events should begin thinking about projects and coordinating their participation with our 4-H Agents. Contest information is available on the state 4-H Website at <https://4-h.ca.uky.edu/kentucky-4-h-state-fair-0> or through our office. Attending Cloverville during the Kentucky State Fair is a great chance to learn about the many opportunities available in 4-H. For more information about 4-H programs, Cloverville or 4-H's participation in the Kentucky State Fair, contact our office at (859)356-3155 or you can also visit www.kentoncountyextension.com.

HEALTH BULLETIN



JUNE 2024

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins:
<http://fcs-hes.ca.uky.edu/content/health-bulletins>

Kenton County
Extension Office
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STEP INTO NATURE, SUMMER EDITION

School is out, and the sun is up in the sky! You may have lots of plans for how you want to spend your summer break, or not many plans at all. Whether you are planning a big trip, staying busy with camps, or have plenty of time to relax at home, spend some time outside this summer.



Maybe you like to **S**plash at the pool, **U**nwind on a hammock, **M**ake forts in your backyard, or **M**ow the lawn for your family. Perhaps you **E**njoy a picnic in the shade or **R**ide your bike with friends. There are so many ways to step outside and into nature!



Your body needs to move for at least one hour each day. Moving helps your bones and muscles grow and helps your whole body feel its best. We were made to move, and being active is easy outside! When you run, jump, climb, swing, and play, you are helping your muscles and bones get stronger and more stable. Is there a skill that you can't quite do just yet? Maybe a handstand or shooting a 3-point shot in basketball? The more you use your muscles and practice those skills, the better you'll get.

Your brain also benefits when you spend time outside in nature. Whether you are climbing a tree, sitting in the grass, or hiking on a trail in the woods, being outdoors helps our bodies feel calmer, be able to pay attention more, and feel happier. If you have a bad day, or feel sad or upset, try spending some time outside: playing, reading, or just resting on the ground.

When you go outside, it is also important to protect yourself from too much sun. Remember things like:

- Sunscreen
- A hat
- Protective clothes or swimwear
- Sunglasses

You may even want to keep these things by the door in your home, in a basket or bag. That will make them easy to reach and to remember. This summer, step outside into nature, and get ready to have a good time!

REFERENCE:

<https://www.healthychildren.org/English/family-life/power-of-play/Pages/playing-outside-why-its-important-for-kids.aspx>

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KENTON COUNTY 4-H JUNE CALENDAR 2024

June 1	4-H Adult and Teen Camp Orientation; Mandatory!; 10:00 a.m.; Marshall Road Location
June 3	Camp Orientation; 6:00 p.m.; Marshall Road Location
June 4	Fair Board Meeting; 7:30 p.m.; Kenton County Fairgrounds
June 4	4-H Shooting Sports Club Range Practice; 5:30 p.m.; Lloyd WMA
June 5	Birdhouse Building Project; 10:00 a.m.; Marshall Road Location
June 6	Camp Orientation; 6:00 p.m.; Marshall Road Location
June 11-14	4-H Teen Conference; Lexington
June 12	Recordbook Workshop; 2:00—4:00 p.m.; Kenton Lands Road Location
June 13	Garden Club; 5:30 p.m.; Marshal Road Location
June 15	Lamb Workshop; 9:00 a.m.; Marshall Road Location
June 17	4-H Council; 7:00 p.m.; Kenton Lands Road Location
June 18	4-H Shooting Sports Club Range Practice; 5:30 p.m.; Lloyd WMA
June 18	State Livestock Judging; Lexington
June 19	Office Closed
June 20	Rabbit Tattoo & Showmanship Clinic; 5:00 p.m.; Cynthiana
June 22	State Shooting Sports Verification Form Due
June 24-28	4-H Camp; Carlisle, Kentucky
July 2	Fair Board Meeting; 7:30 p.m.; Marshall Road Location
July 2	4-H Shooting Sports Club Range Practice; 5:30 p.m.; Lloyd WMA
July 8	Record Books and All Online Entries for Kenton County Fair due by 4:30 p.m.; No late entries accepted
July 14	Drop off projects at the Fair; 1:00-3:00 p.m.; Kenton County Fairgrounds; Enter online by July 8.

4-H Recordbook Workshop

Do you need some help with your 4-H Recordbook? A drop-in help session will be hosted, Wednesday, June 12; 2:00-4:00 p.m. at the 450 Kenton Lands Extension Office.

We can work on your project pages and story. If this time does not work for your family, please reach out to your 4-H agent or 4-H Leader. Thanks



SCOTT COUNTY RABBIT BENEFIT DOUBLE SHOW

June 8

Charles Brooking Park
Georgetown, KY

Judging begins at 8:00 a.m. Sharp

For More Information contact:
Jeri Zimmer; jzimmer99@fuse.net

Education Hours Available



BBQ Poultry

JULY 1 - 9:00 AM

Dr. Jacquie Jacobs from the University of Kentucky will present this exciting program on how to grill and prepare poultry.

Marshall Road Location

Register at www.kentoncountyextension.org





SAVE THE DATE
FARM TO TABLE

SEPTEMBER 21, 2024

4 - H GARDEN CLUB

When: Thursday, June 13
Time: 5:30 p.m.
Where: 10990 Marshall Road

What we will do: Finish past projects; and upcycle a container garden. We will also discuss how to properly display vegetables for the county fair. We look forward to seeing everyone—new members are welcome. Sign-up on PACE, or email dkelley@uky.edu or call 859.356.3155 to let us know you are coming by June 12 please.




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