

# Kenton County 4-H Newsletter

JANUARY 2025

 Martin-Gatton  
College of Agriculture,  
Food and Environment  
University of Kentucky.



**KENTON COUNTY  
4-H CAMP**

**9-13  
JUNE**

**Cost:  
\$200**

REGISTRATION FORMS @  
[WWW.KENTONCOUNTYEXTENSION.ORG](http://WWW.KENTONCOUNTYEXTENSION.ORG)

# **Kenton 4-H Target Sharks**

**Club Leader: Mike Coyle kentoncty4hsc@gmail.com**

**Club Coordinator: Sarah Hanks sarahhanks124@gmail.com**

## **Orientation**

**January 14, 2025**

**6:30 p.m.**

**10990 Marshall Road  
Covington, KY 41015**

## **Mandatory Safety Meetings**

**★ YOUTH AND ADULT MUST ATTEND ONE SESSION**

**February 18, 2025 6-8:00 p.m.**

**450 Kenton Lands Road  
Erlanger, KY 41018**

**or**

**March 18, 2025 6-8:00 p.m.**

**450 Kenton Lands Road  
Erlanger, KY 41018**

# READING & RECIPES

Does your 3rd grader not care for reading or maybe just needs a little more enrichment? Join us for **Reading and Recipes**. This 6 week program will allow your 4-H'er to practice reading and learn some cooking skills. This class is for 3rd graders only!

Classes at Marshall Road Location on Jan. 9, Jan. 16, Jan. 23, Jan. 30, Feb. 6 and Feb. 13.



6:00 - 8:00 p.m.

Must register online/PACE.  
Must commit to all 6 sessions.

# NEEDLECRAFT CLUB



January 11, 2025

10:00 a.m.

Marshall Road Location

Come learn to cross stitch and embroider.

Email lori.clark to register!

## ADULT VOLUNTEERS, CLUB LEADERS, & YOUTH

Go to our website for complete directions or scan the QR code here to begin. Please call the office if you need assistance.



Both Youth & Volunteers

## Kenton County 4-H **WRITING**

### WORKSHOP

**JAN. 7, 2025; 5-6 PM**

Marshall Road Office

The Kentucky 4-H Written Communication Contest is your chance to boost and enrich your communication skills!

Poetry, infographics, songwriting, essays, original monologues - this contest has something for everyone.

Participating will enhance your writing, reading, and personal communication skills.

Express your creativity and be recognized for your talent!

Workshop  
Tuesday, January 7  
from 5-6p, Marshall Road;  
if this time is not accessible,  
please contact Diane Kelley  
[dkelley@uky.edu](mailto:dkelley@uky.edu)  
Snow date: January 9  
from 5-6p Marshall Road in  
case Kenton County schools  
are closed on Jan. 7, 2024.



Join the contest and let your words make an impact!  
#amplifyky4h

Register at: [www.kentoncountyextension.org](http://www.kentoncountyextension.org)



# KENTON CO. 4-H LIVESTOCK CLUB

## REMINDERS:

Education hours aren't required to participate in the livestock club, but 6 Education Hours from a certified livestock volunteer are required in order to compete in Livestock Judging, the Country Ham project, or an animal showing project.

If you wish to show your animal in the Kenton Co. Fair:

- Parents of 4-Hers must attend one of the parent sessions held at the start of every education hour meeting.
- 6 education hours from the schedule below must be obtained by January 18th

4-Hers are welcome and encouraged to attend more hours than they need! We have a great lineup of classes this year, and would love to see you there.

## 4-H ONLINE

If you have not re-enrolled in 4-H Online, now is the time to do so! You will be removed from the 2025 mailing list if you have not yet re-enrolled. Call the office at the number below with any 4-H Online issues.

## SERVICE PROJECT WEDNESDAY, FEBRUARY 12TH

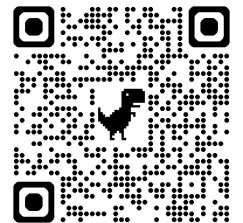
Save the date for our club service project! Join us for fun and fellowship as we make no-sew hats for homeless shelters.

**Limited transportation is available for the Hinton Mills trip.** Please reach out using the below contact if you need transportation! The tour begins at 9:00 and any extension transportation will be leaving the office at 7:30.

## Remaining 2024-2025 Livestock Club Education Hours

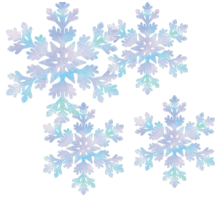
Date	Time	Location	Program	# Hours
Wednesday, Jan. 8	6:00-8:00	Marshall Rd. Office	Country hams with Dr. Rentfrow and Record Keeping	2
*Saturday, Jan. 18	9:00	Hinton Mills- Mayslick Location	Feed Mill Tour	3

\*PACE registration is required. To register, scan the QR code to the right, see "Events and Class Registration" on Kenton Co. Extension's website, or call the number in the contact info below.





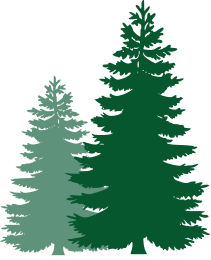
# 4-H CANCELLATION POLICY



County-wide 4-H sponsored activities are cancelled when Kenton County Schools are closed due to bad weather. Individual club leaders may decide to meet. Call the extension office or your leader if you have questions.



## Evergreen Tree Recycling



Help us make mulch for our demonstration gardens! Follow the signs and drop trees off into the fenced area between December 26 and January 5th. (Trees will NOT be accepted after January 5th)!



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Inquiries regarding compliance with Title VI and Title VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments, Section 504 of the Rehabilitation Act and other related matter should be directed to Equal Opportunity Office, Martin-Gatton College of Agriculture, Food and Environment, University of Kentucky, Room S-105, Agriculture Science Building, North Lexington, Kentucky 40546, the UK Office of Equal Opportunity, 13 Main Building, University of Kentucky, Lexington, KY 40506-0032 or

US Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410.

## 2025 Kentucky Agriculture Poster & Essay Contest

Kentucky students are invited to enter the Kentucky Department of Agriculture's (KDA) annual Poster and Essay Contest. The theme of the 2025 contest is "Kentucky Agriculture Makes Me Proud" encouraging contestants to illustrate in words, artwork, or photographs how agriculture gives them pride.

Students in grades K-12 may submit a poster, an essay of 500 words or less, or a digital entry, which may be photos or original digital artwork. Each entry must include the actual written theme and be postmarked by Friday, March 7, 2025.

Winners will be notified by Friday, April 18, 2025. Winners in the poster and essay competitions will be selected in each grade. One statewide winner will be selected for digital artwork. Each winner will receive a \$100 award from Kentucky Agriculture and Environment in the Classroom and will be recognized at the 2025 Poster and Essay Contest Awards Ceremony next year. Winning entries will be displayed in Commissioner Shell's Frankfort office and at the 2025 Kentucky State Fair in August in Louisville.

For more information, including complete contest rules and an entry form, go to [kyagr.com/marketing/poster-essay-contest.html](https://kyagr.com/marketing/poster-essay-contest.html) or contact Bethany Mattingly, at [Bethany.Mattingly@ky.gov](mailto:Bethany.Mattingly@ky.gov) or (502) 782-4125.



# HEALTH BULLETIN



**JANUARY 2025**

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins:  
<http://fcs-hes.ca.uky.edu/content/health-bulletins>

NAME County  
Extension Office  
000 Street Road  
City, KY  
Zip  
(000) 000-0000

## THIS MONTH'S TOPIC

## DON'T LET THE COLD KEEP YOU IN

There is so much fun to have playing outdoors, even in the cold! If you are dressed for the weather, there is no reason to let wintertime end your outdoor fun. There are some games and activities that are more fun, or only possible, in the winter.

### Dress for the weather

#### If it is wet, wear:

- rain boots,
- rain jacket and pants, or rain suit.

#### If it is cold, wear:

- layers of tops and bottoms to stay warm,
- a coat,
- hat,
- gloves,
- socks,
- shoes like sneakers or boots.

If it is snowy, or both wet and cold, wear outer layers to keep you dry and inner layers to keep you warm. A snow-suit or coveralls may be helpful.

### Looking for some fun ways to play outside this winter? Try these!

#### Igloo building: Frozen fun in low temperature.

**You'll need:** Clean plastic containers (food-storage tubs like cottage cheese, yogurt, etc.)

**What to do:** When it is below 32 degrees, fill the containers with water and set them outside to freeze. When they are frozen solid, peel away the cartons or dip the plastic containers in warm water to free the ice block. While wearing mittens or gloves to protect from the cold ice, stack and build with the ice blocks to form buildings or other desired shapes.

#### Snow Olympics: Gather your siblings and friends for some cold competitions.

**Long Jump:** Draw a starting line in the snow. Everyone stands at the starting line and jumps as far as they can. Compare footprints to see who jumped the farthest.

**Snowball Throw:** Everyone forms their own snowball and stands at a starting line to see how far they can throw their snowballs.

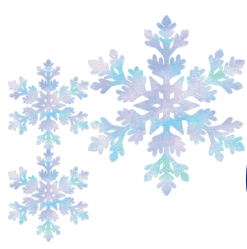
**Snow Pile Hurdles:** Make piles of snow in a line, with spaces in between. Everyone will run through the area jumping over the piles as they come to them. You can do this as a race or a timed event and compare times.

#### Snow pies: Create a natural masterpiece for outdoor creatures to enjoy.

**You'll need:** Clean aluminum pie pans or some sort of flat round container for each person, sandbox toys like small shovels or scoops, and natural materials like sticks, leaves, berries, nuts, pine cones or birdseed.

**What to do:** Use sand toys to create your own nature snow pies in the aluminum pie plate or other container. Decorate or layer snow with natural materials to make a masterpiece. Leave your pie out for wild creatures such as squirrels or birds to enjoy, as well!

**REFERENCE:** <https://extension.psu.edu/programs/betterkidcare/content-areas/environment-curriculum/activities/all-activities/outdoor-play-on-winter-days>



# January

# 2025



SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
			①	② <b>Wondermakers</b> 4:00 pm; Fuerst Home  <b>Teen Adventure Tour</b> 9:00 am Marshall Road	③	④
⑤	⑥	⑦ <b>Writing Workshop</b> 5:00 p.m. Marshall Road	⑧ <b>Livestock Club</b> 7:00 p.m. Marshall Rd	⑨ <b>Blazing Bridles</b> 6:30 pm Serpentine River Farms <b>Reading &amp; Recipes</b> 6:00 pm Marshall Road Location Snow day for <b>Writing Workshop</b> 5:00 p.m. Marshall Road Location	⑩	⑪ <b>Needlecraft Club</b> <b>Teen Adventures</b> 10 am Marshall Road
⑫	⑬ <b>Cloverbuds</b> 5:00 pm; Marshall Rd  <b>Table Top Farms</b> 6-8 pm; Marshall Road	⑭ <b>Shooting Sports</b> <b>Orientation</b> 6:30 p.m. Marshall Rd  River Ridge School Clubs	⑮ <b>Lego Club</b> 6:30 p.m. Kenton Lands Road  River Ridge School Clubs	⑯ <b>Reading &amp; Recipes</b> 6:00 pm Marshall Road Location <b>Small Animal Club</b> 6:00 p.m. Kenton Lands Road <b>Rough Riders/Spring Eagles</b> 7:00 p.m. Kenton Lands Road State Achievement Judging	⑰	⑱ State Achievement Judging
⑲	⑳ <b>Office Closed for</b> <b>Holiday</b>	㉑	㉒	㉓ <b>Reading &amp; Recipes</b> 6:00 pm Marshall Road Location  <b>Written Communication</b> <b>Contest Entries</b> Due 4:30 pm Marshall Rd Location	㉔	㉕
㉖	㉗ <b>4-H Council</b> 7:00 p.m. Marshall Rd	㉘  Simon Kenton Reality Store Event	㉙ <b>Prepare for the Fair</b> 6:00 p.m. Marshall Road Location	㉚ <b>Reading &amp; Recipes</b> 6:00 pm Marshall Road Location  Twenhofel School Clubs	㉛	





# IS THIS YOUR LAST NEWSLETTER????

Starting on February 1, 2025 only those that completed the online registration for 4-H will receive our newsletter. Don't delay - register now! See page 3 for details on registration.

## Save The Date

### 4-H Communication Event

March 20, 2025

6:00 p.m.

Marshall Road Location

## Kenton County Announces 4-H Piggy Bank Winner

Congratulations to Sadie Chrisco for submitting the winning piggy bank for Kenton County.

Sadie's bank (an adorable chicken) has been sent to the multi-county competition! Good luck Sadie!

The Multi-County winner will be on display in Frankfort in March and April.

Sincerely,  
County Extension Agents

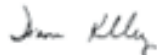
4-H Youth Development Education - Kenton County



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Diane Kelley  
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4-H Youth Development Assistants

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Kaylen Greene-Purcell  
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Mary Cannon, Secretary  
mary.cannon@uky.edu



## Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

## MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities  
accommodated  
with prior notification.