

KENTON COUNTY 4-H

NEWSLETTER

2025 4-H Farm to Table Dinner

September 13, 2025

Honey Locust Farms

*15100 Madison Pike
Morning View, KY 41063*

Doors Open at 6:00 pm

Dinner Served at 7:00 pm

\$40 Per Person/\$70 Per Couple

\$280 Per Table of 8

To Reserve your seats

scan the QR Code

or call (859) 356-3155.





Preparing Your Disaster Supplies Kit

A disaster supplies kit is a collection of basic items that members of a household may need in the event of a disaster.

Basic Disaster Supplies Kit

The following items are recommended for inclusion in your basic disaster supplies kit:

- Three-day supply of non-perishable food
- Three-day supply of water (one gallon of water per person, per day)
- Portable, battery-powered radio or television and extra batteries
- Flashlight and extra batteries
- First aid kit and manual
- Sanitation and hygiene items (moist towelettes and toilet paper)
- Matches and waterproof container
- Whistle
- Extra clothing (think "warm" in case you live in a cold climate)
- Kitchen accessories and cooking utensils, including a can opener
- Photocopies of credit and identification cards
- Cash and coins
- Special needs items, such as prescription medications, eye glasses, contact lens solutions, and hearing aid batteries
- Items for infants, such as formula, diapers, bottles, and pacifiers
- Other items to meet your unique family needs

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Kit Locations

Home (Basic Disaster Supplies Kit)

Your disaster supplies kit should contain essential food, water, and supplies for at least three days.

Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.

Work

This kit should be in one container, and ready to "grab and go" in case you are evacuated from your workplace.

Make sure you have food and water in the kit, as well as comfortable walking shoes in case an evacuation requires walking long distances.

Storing Food

- Place packaged food in metal, glass or rigid containers to avoid insect and rodent damage.
- Rotate and use food and water every six to 12 months.

www.EDEN.lsu.edu



LAUGH & LEARN PLAYDATE

This early childhood education program allows caregivers and their children 3-5 years of age to engage in activities designed to ready the children for Kindergarten. Reading time, healthy eating, and physical activities are specially designed to be fun and interactive.



KENTON COUNTY 4-H

SPARK YOUR INTEREST

MONDAY
SEPT. 22

6:00-8:00 PM

Complete Your Registration form
Learn about 4-H Clubs &
Activities
Meet Club Leaders
Ask Questions

KENTON COUNTY EXTENSION

10990 MARSHALL RD
COVINGTON, KY 41015

WWW.KENTONCOUNTYEXTENSION.ORG



KENTON CO. 4-H LIVESTOCK CLUB

Thank you!

Thank you to all the parents, volunteers, club members, and drink booth workers who came together to make the 2025 Kenton Co. fair a great one!

Kentucky Proud Livestock Classic *NEW Show for 2025*

Showcase your Kentucky Proud livestock and your hard work in this brand new premier event! Aside from an expo-style show with showmanship, breeding, and market classes, events include:

- Sunshine Class
- Photo Contest
- Prepared Speech Contest
- Skill-a-thon
- Sales Talk Contest



Scan the QR code for more information on rules, premiums, prizes, schedule, entry details, and more.



COUNTRY HAM PROJECT:

A quick overview of dates to remember! Please see the email from 7/28 for more details:

8/12- 6:30 Ham Cleaning at Marshall Rd.

8/14- State contest! Time will be sent out later

8/15- Ham pickup day.

Please let me know if you have any questions or concerns!

REMINDER:

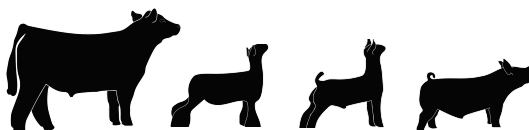
Thank-you cards for Sale of Champions buyers or donors are due to the office by Monday, August 18th. Please see letter or email for reference.

TEAM REACH:

We are replacing "Remind" with Team Reach for the 2025-2026 year. The group code is: "KentonLivestock25"



Check out the
Local Open Shows



Open livestock shows for Alexandria, Boone, Carroll, Grant, Kenton, Owen, Pendleton County Fairs

August & September				
Beef	Grant Co. Fair	Aug 1	6 pm	Be on fairgrounds by 5:00
Beef	Alexandria Fair	Aug 29	7 pm	Be on fairgrounds by 5:30
Sheep	Alexandria Fair	Sept. 1	11 am	Arrive by 10:00
Goat	Alexandria Fair	Sept. 1	1 pm	Check in at 12:00

See the KDA Shows and Fairs website for a complete list of open fairs and KDA District Shows.

For more information, or to ask questions, contact Anna Meyers:

anna.meyers@uky.edu

(859) 356- 3155



Kentucky's 4-H program benefits from thousands of volunteers.

Kenton County 4-H volunteers coordinate 4-H community clubs, lead 4-H projects, and help to plan and conduct local, regional, state, and national 4-H events.

Adults may volunteer depending on their interests, skills, and the time they can devote to 4-H.

As a 4-H volunteer you might...

- Help 4-H'ers develop life skills by leading a 4-H project in a subject area that excites you—forestry, fashion, foods, geology, public speaking, woodworking, art, and many more project specialties.
- Manage a 4-H community club. Schedule club meetings, train club officers, recruit parents to help out, be the communication link between your club and the extension office.
- Help raise local 4-H funds The Kenton County 4-H Council funds camper scholarships, a scholarship for post high school education, project needs, registration for state and national contests, and many other local 4-H needs.
- Become a certified volunteer for shooting sports, dog, poultry, rabbit, livestock, or horse.
- Teach a workshop at a day camp or special event for youth or share your favorite hobby or skill.
- Judge a competition if you have expertise in a 4-H project area and would like to be considered as a judge, please contact us.
- Host visiting 4-H member or their chaperones in your home for a 3 week summer stay.



How Do I Get Started?

Contact the Kenton County Extension office and ask about volunteer opportunities.

Complete the 4-H volunteer application @

www.kentoncountyextension.org

or we can mail a copy to your home address if more convenient.



Phone

859.356.3155



teen GARDEN PARTY

**Tuesday,
August 5**

1-3 pm



KENTON COUNTY
PUBLIC LIBRARY



**Cooperative
Extension Service**

Head to the Kenton County Arboretum for a collaboration between the library and our local 4-H & Kenton County Extension Office!

We'll have games, activities, snacks--all sorts of outdoor fun!

This event is free and open to anyone entering 6th grade to leaving 12th grade (ages 11-18 if you homeschool).

kentonlibrary.org
859.962.4000



Kenton County Cooperative
Extension & Arboretum
10990 Marshall Road
Covington KY 41015

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities
accommodated
with prior notification.



August 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28 Turn in Non-Perishable State Fair Projects through 8/8 10990 Marshall Road	29 	30	31	01 State Shooting Sports Registration Due 10990 Marshall Road 4:30 p.m.	02	03
04 	05 Teen Garden Party 1:00 p.m. - 3:00 p.m. at the Barn Shooting Sports Lloyd Wildlife 5:30 p.m. Fair Board Meeting 7:30 p.m. 10990 Marshall Road	06 Register for Camp De-Brief Meeting Area Shooting Sports Event Volunteers Zoom 7:00 p.m.	07 Camp Teens & Adults De-Brief Meeting 450 Kenton Lands 6:30 p.m. Blazing Bridles Serpentine River Farm 6:30 p.m.	08 Set Up Shooting Sports Lloyd Wildlife 6:00 p.m. 	09 NKY Area Shooting Sports Lloyd Wildlife Times as Assigned	10
11 Turn in Perishable State Fair Projects 7-7:30 a.m. 10990 Marshall Road	12 Country Ham Cleaning 6:30 p.m. 10990 Marshall Road 	13	14 Country Ham Day State Fair 	15 Pick Up Country Ham 10990 Marshall Road	16	17
18 4-H Council 10990 Marshall Road 7:00 p.m. 	19 Shooting Sports Lloyd Wildlife 5:30 p.m.	20	21	22	23	24 State Fair Ends 
25	26 Pick Up State Fair Projects 8/26 - 8/29 10990 Marshall Road	27	28 County Extension Council 450 Kenton Lands 6:00 p.m.	29	30	31

Important Dates:

Kentucky State Fair
August 14 - 24
Louisville



State Shooting Sports
Registration Due
August 1



4-H Council Meeting
10990 Marshall Road
August 18 7:00 p.m.



Horticulture SCAVANGER HUNT

SEARCH ● EXPLORE ● DISCOVER

KENTON COUNTY EXTENSION OFFICE

SOLVE A
RIDDLE -
GET A PRIZE

Are you ready for
some excitement,
mystery, and fun?

HOW???

Pick up a worksheet in
the office, find clues
hidden in trees in our
arboretum, fill out the
answers and bring inside
for a prize

Don't Miss Out. Come by Today!

WWW.KENTONCOUNTYEXTENSION.COM

For More Information:

CALL: 859.356-3155

WE WANT TO SAY THANK YOU TO OUR



CAMP VOLUNTEERS

Please join us for supper!

**Thursday
August 7, 2025**

Supper: 6:30 pm

**Camp Recap & Thank You
7:00–8:00 pm**



**Kenton Lands Road Location
450 Kenton Lands Road; Erlanger, KY 41018**



Please RSVP by Wednesday August 6, 2025

Call the office: (859) 356-3155 or Lori (859) 380-1881

**Email: lori.clark@uky.edu, dkelley@uky.edu, or anna.meyers@uky.edu
or respond to your Team reach notification**





2025 KENTUCKY STATE FAIR PROJECT EXHIBITS

All the items eligible for the state fair require fair tags. The tags were enclosed with your packet at the county fair. Some entries may require an additional tag or documentation. Make sure you have the necessary cards and paperwork to meet the requirements. The information was enclosed with the entry cards in your packet.

You may turn in non-perishable items, July 28-Aug. 8 at the Kenton County Extension Office, 10990 Marshall Road between 8:30 a.m. and 4:00 p.m. **Perishable items only** can be turned in at the Kenton County Extension office, 10990 Marshall Road, Monday, August 11 from 7:00-7:30 a.m.

How Do My Projects Get Entered?

The 4-H Staff will enter all Kenton 4-H projects on Monday, August 11 at the Kentucky State Fair in Louisville.

When Will I Get My Project Back?

You may pick up fair projects after the Kentucky State Fair, August 26-29 at the Kentucky County Extension office, 10990 Marshall Road.





HOW TO RESERVE A ROOM FOR YOUR CLUB MEETING AT THE EXTENSION OFFICE BUILDINGS

- 1 Contact the office by phone or email and request a date, specify which building your club will need.
- 2 The size of the group and planned activity will help to assess the space needed.
- 3 When scheduling a time, please allow for set up and clean up, adhering to availability of time requested.
- 4 4-H Clubs are permitted to schedule meeting spaces 30 days in advance. Please remember to cancel if your meeting is cancelled.
- 5 Groups with 4-H youth must be supervised by adults 18 years of age and older. 4-H volunteers are required to be background checked.
- 6 Reservation forms and meeting room set up forms are available on the Kenton County Extension website and available at both buildings.
- 7 Rooms are used extensively and please be aware rules & guidelines will change based on current health & safety protocols.
- 8 Please be advised this a summary of an 8-page document and is not a comprehensive set of guidelines.

Carrot or Zucchini Cake



Ingredients:

2 cups flour
2 cups sugar
2 teaspoons baking soda
2 teaspoons cinnamon
1 teaspoon salt
1 cup salad oil
4 eggs
3 cups carrots, shredded
1 teaspoon vanilla
1 cup nuts, chopped

Equipment:

9" x 13" baking pan 2 8-inch or 9-inch round cake pans 2
Nonstick cooking spray
Measuring cups and spoons
Large and medium mixing bowls
Mixer
Mixing spoon
Spatula 1 teaspoon vanilla Cooling rack 1 cup nuts, chopped

For the Fair:

- Zucchini may be used instead of carrots.
- Round or rectangular pans may be used.
- Let cake completely cool. Do not frost or ice the cake.
- Cut one layer of the cake in half. Place half of one layer of cake on a disposable plate or cardboard cake board.
- Place the plate/board in a re-closable plastic bag, cake box or disposable container. (Container will not be returned.)

Order of Work

1. Preheat oven to 350 degrees F. Lightly coat 9" x 13" baking pan or 2 8-inch or 9-inch round cake pans with nonstick cooking spray.
 2. Combine flour, sugar, baking soda, cinnamon, and salt in medium bowl; mix well.
 3. In large bowl, add oil and beat in eggs, one at a time.
 4. Gradually add flour mixture to egg mixture and beat until thoroughly mixed.
 5. Add carrots, vanilla, and nuts; mix until thoroughly combined. Pour into prepared pans.
 6. For 9" x 13" pan, bake 45 minutes or until toothpick inserted in middle comes out clean. For 8-inch or 9-inch round cake pans, bake 30 to 35 minutes or until toothpick inserted in middle comes out clean. Remove from oven and cool on wire rack. Store in refrigerator.
- Variation: Substitute 3 cups shredded zucchini for shredded carrots. Add one teaspoon ground nutmeg.

Nutrition Facts per Serving with Frosting: 470 calories, 28 g fat, 365 mg sodium, 56 g carbohydrates, 1 g fiber

Baking Tips: • Use a toothpick to test doneness. Baking time may need to be extended if cake is not done. • The size of the carrot/squash pieces will affect baking time. A cake made with pre-packaged coarsely shredded carrots from the grocery may require additional baking time. Finely shredded vegetables cook faster than coarsely shredded pieces.

For the Fair: Send only a half of one layer of cake. Your family can eat the remainder of the cake.



Round cake



Rectangular cake

Thank you

The 4-H Volunteers and 4-H Leaders work diligently to make the Kenton County Fair a success for the 4-H members.

Thank you all for the many hours of hard work .

The 4-H exhibit building, the animal shows, the drink booths, and the raffle would not be a success without your invaluable support.



Our selfless volunteers
give their time, talent,
and heart.



**Kenton County Extension Agent:
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Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Disabilities
accommodated
with prior notification.