KENTON COUNTY 4-H NEWS

July/August 2023

KENTON COUNTY FAIR July 10-15,2023

4 -H'ers have the opportunity to showcase their project work and skills at the county fair. This week-long event is full of shows and activities for 4-H'ers and their families. Project work that is entered into the fair is displayed during the week at the 4-H building.



4-H projects are awarded ribbons based on the "Danish System." This is a judging system where the project is not compared to others in its class but to an ideal standard. Youth are awarded a blue, red or white ribbon based on how close the project approaches this standard. The best entry in the class is considered the champion and receives a purple ribbon and is eligible for the state fair. Please note: Energy, Weather, County Only Sewing and Miscellaneous categories are county only, and do not advance to the state fair. Therefore, no purple or champion ribbons will be awarded in these categories.

DROPPING OFF PROJECTS Sunday, July 9, 2023; 1-3 pm

Projects can be dropped off from 1 to 3 p.m. on Sunday, July 9th. The 4-H Building is the first building on your right as you walk up the hill from the parking area. Your first stop will be at the check in table set in the entrance of the building. This is drop off only, you must register your projects on line by Friday, June 30. Once checked in, you will go to the appropriate area with each project. Judging will occur immediately following check in. Any individual who cannot make the Sunday drop off should make arrangements with their club leader for entering their projects. Contact one of the agents if you have any questions.

Have fun at the fair!

PICKING UP FAIR PROJECTS Sunday, July 16, 2023 12:00 (noon) - 2:00 pm

Projects may be picked up on Sunday, July 16 from 12:00 p.m. to 2:00 p.m. Each person must arrange to have someone pick up their projects (many club leaders will pick up for the club) or pick them up themselves. In addition, all project books, score sheets, and ribbons should be picked up at this time. Depending on the fair board office, your premium checks may also be available. The Cooperative Extension Service is not responsible for items left at the fair.

Special Points of Interest

State Fair 4-H Livestock entry forms due to State Fair office by July 10, 2023. State Fair does not accept late entries.

HEALTH BULLETIN



July 2023

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins: http://fcs-hes.ca.uky.edu/ content/health-bulletins Kenton County Extension Office 10990 Marshall Road Covington, KY 41015 (859) 356-3155

THIS MONTH'S TOPIC: THE 5 S'S OF SUN SAFETY



There are so many fun activities to do in the summer! From sports such as soccer, baseball, and pickleball to cooling off with water activities such as swimming, canoeing, and playing in a backyard sprinkler. Being active outside is a great time! When you are going to spend time outside, remember to protect your skin from the hot summer sun. Over time, the sun can hurt your skin. What might seem like a minor chore now can save your skin a lot of pain later.

The National Health Service suggests remembering the 5 S's of Sun Safety to protect skin from sunburn and damage:

- Slip: Slip on a shirt or cover-up if you are not in the water. Wear a swimming rash guard with sleeves to prevent too much of your skin from being exposed to the sun. One of the best ways to protect your skin from the sun's rays is by covering up. Try to choose clothes you cannot see through. It has the best sun protection.
- Slop: Slop on sunscreen with a Sun Protection Factor (SPF) of 30 or more throughout the day. Use plenty and reapply often on all of your skin that doesn't have clothes on it. Ask for help reaching areas like your shoulders, back, and face so you do not miss any spots!
- Slap: Slap on a hat to shield your face and head. There are lots of hats that have wide brims and can help add extra protection for your neck, ears, and back of your head if you have short hair.
- Slide: Slide on sunglasses to help protect your eyes from sun damage.
- Shade: Try to stay in shaded areas when the sun is at its strongest. In Kentucky, the sun is strongest from 11 a.m. to 3 p.m. every day. When you take a break from playing outside, look for a place to rest that is shielded from the sun. Find shade under a tree, porch, pavilion, wide umbrella, or in a tent!

As you are racing out the door to have fun outside this summer, remember to "slip, slap, slop, slide, and shade!"

REFERENCE: https://www.southwestlondon.icb.nhs.uk/news/slip-slap-slop-slide-and-shade-five-sun-safety-ss-for-hot-sun

Written by: Katherine Jury, MS Edited by: Alyssa Simms Designed by: Rusty Manseau Cartoon illustrations by: Chris Ware (© University of Kentucky School of Human Environmental Sciences)



Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



LEXINGTON, KY 40546

4-H Building Club Displays—July 10-15

After fair judging is complete, club leaders are encouraged to make a display of their 4-H'ers projects and the club as a whole. These can be set up from noon to 4 p.m. on Monday, July 10.

Contact Trevia Cooke for a space for your club at tgalecooke@gmail.com. The best display is awarded a plaque at the Recognition Event in recognition of their hard work. This year's theme is Clover Power.



Congratulations to Cailin Adkins and Lydia Hinman for receiving the 4-H Gold Achievement Award. The award was presented at the 4-H Teen Conference in June.



Congratulations to Cailin Adkins for receiving the Lexi Kinder 4-H Foundation Scholarship.

STATE FAIR PASSES CLARIFICATION



The Kentucky State Fair, Louisville, is August 17-27, 2023. Tickets are available to allow 4-H'ers and their 4-H leader to view Cloverville exhibits at a cost of \$4.00 each, <u>payable to</u> <u>Kenton County 4-H Council.</u> (Checks only please, we cannot accept cash.) **Prepayment is required by July 24, 2023.** Parents and family members are not entitled to these reduced tickets. Our thanks to the State Fair Board for allowing our Cloverville 4-H participants and their leaders this reduced ticket rate.

COUNTY FAIR 4-H MEMBER PASSES Available at Extension Office

The fair board allows us to distribute passes for entrance into the Kenton County Fair to 4-H members at a cost of \$5.00 each, with a limit of 6 passes per enrolled 4-H'er. These passes do not include rides and are for 4-H youth only and not siblings or parents. They will be available, Monday, June 26, 2023, at the Durr **Extension Office on Taylor Mill Road** between 8:30 a.m. and 4:30 p.m. Monday through Friday, until Thursday, July 13. They will also be available Sunday, July 9, at the 4-H Check-in Booth at the Kenton County Fairgrounds from 1-3 p.m. Checks (payable to Kenton County Fair) or correct change is requested.

Schedule of 4-H Fair Events

SUNDAY, JULY 9

1:00–3:00 p.m.

MONDAY, JULY 10

9:30 a.m.

10:30 a.m. 5:30 p.m. 6:30 p.m.

TUESDAY, JULY 11

9:30 a.m.

Check-in of all 4-H Building Exhibits. No beef cattle, horses, etc. (see each division for time of registration)

4-H/FFA Market Lamb Show—Registration 8:30 a.m.
4-H/FFA Production Sheep Show —(after market show)
4-H Goat Show (after Production Sheep Show)
4-H/FFA Beef Show & Steer Show—Registration 5:00-5:30 p.m.
Open Beef Show - Registration 5:30 p.m.

4-H/FFA Market Hog Show—Registration 8:30 a.m. 4-H Commercial Gilt Show—Registration 8:30 a.m.

4-H Sale of Champions

Livestock Group Photo

Set-Up Champion Point

4-H Poultry Show–Registration 5:00

Open Poultry show - Registration 6:30 p.m.

Sale Begins

Set up for Sale & Supper-All families expected to help

WEDNESDAY, JULY 12

9:00 a.m. 4:00 p.m. check in 5:00 p.m. 7:00 p.m.

THURSDAY, JULY 13

8:00 a.m. 6:00 p.m. 7:00 p.m.

SATURDAY, JULY 15

9:00 a.m. 10:00 a.m. 10:00 a.m. 10:00 a.m. 4-H Rabbit Show—Registration 8:30 a.m.
Open Youth and 4-H Youth Horse Show (registration 9:00 a.m.)
Open Rabbit Show - Register at conclusion of 4H Rabbit Show
4-H Horse Show—Registration 9:00 a.m.

SUNDAY, JULY 17

12:00–2:00 p.m.

Exhibits Released (4-H and Open Class)

KENTUCKY LIVESTOCK/ANIMAL EXHIBITION HEALTH REQUIREMENTS

All livestock/animals offered for sale or exhibition at Kentucky County Fairs shall meet the following regulations according to KRS Chapter 257:

- a. 302 KAR 20:040 (Entry into Kentucky)
- b. 302 KAR 20:065 (Sale and Exhibition of Kentucky Origin Livestock)

Any questions concerning these health regulations should be directed to your local veterinarian or the Kentucky State Veterinarian's office:

Kentucky Department of Agriculture Division of Animal Health 100 Fairoaks Lane, Suite 252 Frankfort, KY 40601 502-564-3956

All up-to-date Livestock/Animal Health Regulations can be obtained on the Kentucky Department of Agriculture Web site: http://www.kyagr.com/statevet/livestock.htm

Please be advised that Livestock Health Regulations are subject to change at any time.

TRAVELING WITH 4-H MEMBERS

When 4-H members travel with their 4-H leader to an event or activity, 4-H'ers should provide a completed 4-H Event Code of Conduct form, a Participant Information form, and the Medical Information form, to the 4-H leader providing transportation. These forms provide useful information to the leader in the event a 4-H member cannot communicate what the 4-H

leader needs to know. The forms should be returned to the parent/ guardian after the activity. Forms may be re-used. 4-H Leaders may request copies from the Kenton County Extension.



SUBMIT YOUR RESULTS FOR AWARDS BOOKLET

Due September 7th at 4:30 p.m.

Recognition of all our 4-H members' accomplishments is an important aspect of the 4-H Recognition Banquet. 4-H'ers who have received a county, area, district, state or national 4-H award are asked to submit items for which he/she would like to be recognized. Please submit written (e-mail is fine) your name, the name of the 4-H event, and the award received. All results will be compiled for 4-H'ers to receive recognition. All lists are due by Thursday, Sept. 7th at 4:30 p.m., to the Durr Extension Office. Lists are used to order appropriate awards.

Example List: Sally Doe *2023 State Communications Event; Blue *2023 4-H speech Contest—13-year-old, blue & Champ.

Kenton County 4-H Council Agricultural Scholarship Program

Scholarships will be awarded for 2023:

\$1,000 - \$1,500 From the Bi-County Coop Agricultural Resolvement Fund

The following requirements apply to scholarship:

- 1. Applicants must have a high school graduation date of 2023.
- 2. Applicant must be a full-time Kentucky resident.

3. Applicant must have been an active Kenton County 4-H member for at least the current and past three (3) years (*the current year 2023, 2022, 2021*) an active participant in an agricultural related project.

Applicant must attend a post-secondary academic or vocational institution and be a full-time student, consideration given to the program of study.

Application Process:

Applications available at the Kenton County Extension office and on the Kenton County 4-H website at <u>www.kentoncountyextension.org</u>. All applications <u>must</u> be electronically submitted by e-mail to <u>dkelley@uky.edu</u> on or by Thursday, September 7, 2023, in order to be considered. Scholarship winners will be announced and recognized during the Kenton County 4-H Recognition Event, October 20, 2023.

KENTON COUNTY 4-H ITEMS DUE SEPTEMBER 7:

4-H Council Scholarship App

4-H Recognition Points Logs

Individual 4-H'ers county, area, district, state or national

results and awards received info for Recognition Committee

Outstanding Livestock Award Forms

4-H Bi-County Coop Scholarship

Sincerely, County Extension Agents 4-H Youth Development Education-Kenton County

- Kellu Diane Kellev

dkelley@uky.edu

Soi Clark

Lori Clark Lori.clark@uky.edu

Kaylen Greene Vanessa Sturgill kaylen.greene@uky.edu vanessa.sturgill@uky.edu

Kenton County Extension Assistants for 4-H Youth Development

Mary Cannon mary.cannon@uky.edu 4-H Staff Assistant

	KENTON COUNTY 4-H CALENDAR—July 2023
Date	Event/Activity
July 4	Office Closed; Independence Day
July 6	Fair Board Meeting; 7:30 p.m.; Fairgrounds
July 7	Cooking/Cupcake Class; 10:00 a.m.; Marshall Road Location; Registration Required
July 9	County Fair Barn Set-up; 11:30 a.m.—complete
July 9	Kenton County Fair 4-H Project Check In, 1:00-3:00 p.m., Kenton County Fairgrounds
July 10	State Fair Livestock paperwork—online entry. Not accepted late
July 10-15	Kenton County Fair (see fair website)
July 10	4-H Market Lamb; Weigh In: 8:30 a.m.; Production Sheep & Goat; Register 9:30; Kenton Co. Fair
July 10	4-H/FFA Production Beef Show & 4-H Steer Show; Registration 5:00-5:30 p.m.
July 10	Open Beef Show; Registration 6:30 p.m.; Kenton County Fairgrounds
July 11	4-H Swine Show, Registration 8:30 a.m., followed by Commercial Gilt Show; Kenton Co. Fairgrounds.
July 12	4-H Livestock Sale Set Up; 9:00 a.m.; Fairgrounds
July 12	Livestock Group Picture; 5:00 p.m.; Fairgrounds
July 12	Livestock Buyer Meal; 6:00 p.m.; Kenton County Fairgrounds
July 12	4-H Sale of Champions, 7:00 p.m., Kenton Co. Fairgrounds
July 13	Set-Up Champion Point; 7:30 a.m.; Kenton Co. Fairgrounds
July 13	4-H Poultry Show, Registration 5:00 p.m., Kenton Co. Fairgrounds followed by Open Poultry
July 13-15	Champion Point; Fairgrounds
July 15	4-H Rabbit Show; Registration 8:30 a.m.; Kenton County Fairgrounds
July 15	4-H Horse Show; Registration 9:00 a.m.; Kenton Co. Fairgrounds
July 16	Pick-up Fair Projects; 12:00-2:00 p.m.; Kenton Co. Fairgrounds
July 18	Shooting Sports; Lloyd Wildlife
July 20	District Board Meeting; 2:00 p.m.; Marshall Road Location
July 24	Kentucky State Fair reduced ticket order due Kenton County Extension Office by 4:30 p.m.
August 1-10	Drop off non-perishable items for the State Fair; Durr Center, Marshall Road between 8:30am-4:30 pm
August 1	Shooting Sports; Lloyd Wildlife
August 1	Fair Board Meeting; 7:30 p.m.; Marshall Road Location
August 14	State Fair food entries need to be at Durr Center, Marshall Road 7:00-7:30 a.m.
August 15	Country Ham Drop off by 4:30 p.m. for State Fair; Kenton County Extension Office
August 17	County Ham Speeches; Louisville
August 17-27	Kentucky State Fair; Check website for show time and details; kystatefair.org
August 21	4-H Council; 7:00 p.m.; Kenton Lands Road Location
August 22-24	State Fair Livestock
August 28 -Sept. 8	Pick Up Items from State Fair; Durr Center, Marshall Road
August 31	CEC; 6:00 meal; 6:30 meeting; Marshall Road Location
September 4	Labor Day; Office Closed

Country Ham Scholarship

A \$750 scholarship to a youth attending an institution of higher education. Must have: participated in the Country Ham project, have a GPA of 2.75, completed an application and essay. Electronic application due by July 31, 2023. Link to scholarship follows:

> To learn more and apply visit: https://bit.ly/wehamscholar

Livestock Sale Buyer Information

Please call 356-3155 if Diane can provide additional assistance. Buyer information was picked up by participating 4-H members. Please make every effort to contact your assigned buyers and encourage them to participate. All buyer information was to be returned to the Kenton County Extension Office by June 23rd. If you find a new buyer who was not on your list, please contact Diane and ask if anyone else was assigned that buyer.

ATTENTION LIVESTOCK MEMBERS! State Fair Livestock Entry Deadline

Entry Deadline is July 10—If you miss the deadline you will not show.

This is a reminder that entries for State Fair are due July 10th, Please feel free to request or make copies at the Kenton County Extension Office to get your paperwork completed.

No late entries will be accepted in the 4-H Youth Livestock or Novice Shows for the KY State Fair. 4-H families are responsible for entering the forms on-line. Remember to request exhibitor's tickets or badges. You must have a ticket each time you enter the State Fairgrounds. Late entries are not accepted by the State Fair. Your entry must be entered online by July 10—date announced by State Fair.

State Fair entry forms and species rules for State Fair livestock shows are linked on the Kenton County 4-H website.

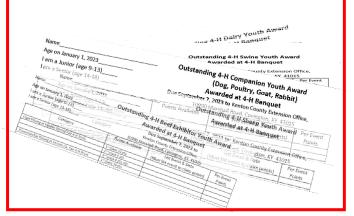
4-H Outstanding Animal Forms

Now posted at: https://kenton.ca.uky.edu/recordbooksachievementbanguet-awards

Completed signed forms are due

September 7, 2023 by 4:30 p.m.

Forms were approved by 4-H Council 6/19/23.



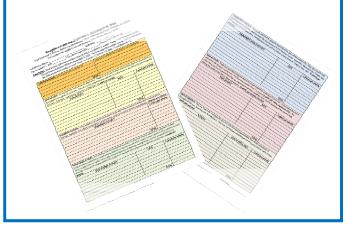
4-H Recognition Points Log

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September 7, 2023 by 4:30 p.m.

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