

February 10, 2020 Meeting of the Independence Homemakers

The February meeting of the Independence Homemakers was called to order by president, Maryloretto Resing. Maryloretto gave a blessing and then members enjoyed a potluck lunch. After lunch, the business meeting began. The Pledge of Allegiance was recited and Anita Smith gave the inspiration. Peggy Haskell read a poem, February, which had won first prize in the Kentucky Homemakers Creative Writing Contest. Roll call was answered by 21 members.

Treasurer, Rosemary Davis, reported that last month, Pennies for Change netted \$12.08; the monthly club collection netted \$29.00. The expenses were \$11.49, giving us a grand total in the treasury of \$850.36.

Unfinished Business

The Area Council Meeting for county president, area officers and area chairs is being held at the Kenton Lands office on Thursday, February 13 at 1:30pm. Volunteers are needed to prepare the food and set up the space at 10:30am on that day. All are invited to participate.

The Kenton County Homemaker Board and Council Meeting will be held on February 21, at 9:00am for the county officers and at 10:00am for the county chairs and club presidents at the Marshall Road office.

A Bunco Party, to benefit the scholarship fund, will be held on February 29, at 11:00am at the Kenton Lands office. Cost is \$15 in advance and \$20 at the door. Peggy Haskell volunteered to donate a \$10 gift for the raffle.

The ovarian cancer screening trip to University of Kentucky is March 10. Contact Kathy Byrnes if you are interested in attending.

Day at the Races, a scholarship fundraiser, will be held on Saturday, April 18. More information is to follow. Mark your calendar for this fun filled day. Marla Johnson volunteered to make a basket of members' donations for the raffle.

The State Homemaker Meeting will be held in Owensboro from April 21 to April 23.

Sew Fine, a sewing expo, is being held on April 14 and 15 at the Boone County Extension location. For more information, contact the front desk for a class listing and cost of each class.

New Business

Sewing Groups

Nimble Thimbles (Carol Blair) will meet on February 11 at the Marshall Road Office.

Scrappy Sewers (Carolyn Dunn) will meet on February 14 at the Campbell County Library and on February 27 at the Marshall Road office.

Open Sew is February 26 at the Marshall Road office.

Chair Reports

No reports were given by the Cultural Arts; Family and Individual Development; Food, Nutrition and Health; 4H and Youth Development; Environment, Housing and Energy; and International chairs. Joan Hacker, Leadership Development chair, reminded members to log their volunteer hours for the annual report.

Marla Johnson, Management and Safety chair, reported on the Simplify Your Life Seminar. She passed out information on creating a vision board with your 5 most important goals and what to do to achieve them.

Other Reports

Cindy Withrow showed the recipe cards that extension publishes and displays at the front office. She recommended that each member is given a card, makes the recipe and brings it to the April meeting for a taste test. Those who do not cook could furnish drinks and paper products. Members agreed that this would be a fun activity and Kathy Byrnes will be invited.

Peggy Baum reported on an article she read about preventing heart disease. The emphasis is “No bad food will kill you, but the absence of good food will.” Meals should emphasize fruits, vegetables, lean meats and nuts. Eleven cups of liquid, best is water, is recommended each day. Individuals should exercise at least 30 minutes per day and get 7 to 8 hours of sleep. For more information, log into www.heartmanual.org.

Elaine Kohler suggested remembering 50 year plus members by our club. It was brought up that this is done each year at the spring luncheon and therefore not necessary to do by an individual club.

Show and Tell

Sue Rauf gave a wonderful presentation on aprons. She showed many different kinds and members are encouraged to bring aprons to the March meeting.

Carol Blair showed a valentine applique project that her sewing group will be doing.

Norita Alexander showed a purse insert that she completed in Carol Blair's sewing group.

Peggy Haskell brought an angel that had been made from a vintage handkerchief and offered to teach the group how to make them.

The next meeting is the third Wednesday of the month, March 16 at 11:00am. We have the room until 4:00pm, so members might want to bring their projects to work on and enjoy the camaraderie.

Respectfully Submitted,
Peggy Haskell